



# The Ultimate PMI Project Management Process Groups Course

10 - 14 Feb 2026  
Tokyo



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**Ref.:** 5\_10551 **Date:** 10 - 14 Feb 2026 **Location:** Tokyo **Fees:** 10000 **Euro**

## The Ultimate PMI Project Management Process Groups Course Overview:

This five-day immersive course provides a deep dive into the project management process groups, as defined by the Project Management Institute PMI. Trained by PMI-certified Project Management Professionals PMP, this course combines the use of modern project management tools and real-world examples. Whether you're in Saudi Arabia or any other part of the world, our PMI training courses are designed to enhance your skills in project governance, risk management, and understanding the enterprise environmental factors EEF affecting projects. The course is especially beneficial for those aiming for PMI RMP and PMI KSA certifications.

### Target Audience:

- Project Managers
- Team Leads
- Business Analysts
- PMO Members
- Consultants
- Project Coordinators

### Targeted Organizational Departments:

- Project Management Office
- Operations
- Engineering
- Information Technology
- Business Development

### Targeted Industries:

- IT and Software
- Construction
- Manufacturing
- Healthcare
- Government and Public Sector



## Course Offerings:

- Master the 5 major processes of project management
- Understand and implement PMI Process Groups and PMP Knowledge Areas
- Leadership vs Management: Effective Leadership styles in management
- Governance in project management: Ensuring effective project governance structure
- Tools & Techniques: Hands-on experience with the project management tools

## Training Methodology:

This course offers a variety of learning approaches, including interactive lectures, group discussions, case studies, and hands-on exercises using project management tools. We will also dive into real-world examples and scenarios to offer you a complete understanding of how different project management process groups interact. Our training methodology also includes reflections and reviews to ensure the internalization of learning.

## Course Toolbox:

- PMI's PMBOK Guide
- Risk Management Plan Template
- Project Governance Framework Checklist
- Leadership Styles Assessment
- Enterprise Environmental Factors EEF and Organizational Process Assets Checklist

## Course Agenda:

### Day 1: Introduction and Basics

**Topic 1:** Welcome & Importance of Project Management

**Topic 2:** Understanding Projects and Business Value

**Topic 3:** Programs and Portfolios Overview

**Topic 4:** Relationship Among Projects, Programs, and Portfolios

**Topic 5:** Organizational Project Management

**Reflection & Review:** Summary and discussion of Day 1 topics

### Day 2: Organizational Aspects

**Topic 1:** Project Components and Life Cycles

**Topic 2:** Project Phases and Phase Gate

**Topic 3:** Project Management Processes

**Topic 4:** Tailoring and Benefits Management

**Topic 5:** Project Success Measures and Data

**Reflection & Review:** Summary and discussion of Day 2 topics



## **Day 3: Role of the Project Manager**

**Topic 1:** Project Manager's Sphere of Influence

**Topic 2:** Project Manager Competences

**Topic 3:** Qualities and Skills of Leadership

**Topic 4:** Performing Integration at Various Levels

**Topic 5:** Politics, Power, and Effective Management

**Reflection & Review:** Summary and discussion of Day 3 topics

## **Day 4: Planning and Execution**

**Topic 1:** Develop Project Charter and Stakeholder Identification

**Topic 2:** Scope and Schedule Management

**Topic 3:** Cost and Quality Management

**Topic 4:** Resource and Communications Management

**Topic 5:** Risk and Procurement Management

**Reflection & Review:** Summary and discussion of Day 4 topics

## **Day 5: Monitoring, Controlling, and Closing**

**Topic 1:** Monitor and Control Project Work

**Topic 2:** Integrated Change Control and Scope Validation

**Topic 3:** Schedule and Cost Control

**Topic 4:** Quality and Resources Control

**Topic 5:** Closing Project or Phase

**Reflection & Review:** Summary and discussion of Day 5 topics and course wrap-up

## **How This Course is Different from Other Project Management Courses:**

Unlike other Project Management courses that focus solely on theory, our course is designed to provide practical, hands-on experience in using various Project Management tools and techniques. It aligns with the PMI guidelines, thus ensuring that you are well-prepared for PMI certifications like PMI RMP, and PMP.



## Training Course Categories



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Management Training  
Courses**



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**Communication and  
Public Relations  
Training Courses**



**Data Analytics Training  
and Data Science  
Courses**



**Environment &  
Sustainability Training  
Courses**



**Governance, Risk and  
Compliance Training  
Courses**



**Human Resources  
Training and  
Development Courses**



**IT Security Training & IT  
Training Courses**



**Leadership and  
Management Training  
Courses**



**Legal Training,  
Procurement and  
Contracting Courses**



**Maintenance Training  
and Engineering  
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# Training Course Categories



**Marketing, Customer Relations, and Sales Courses**



**Occupational Health, Safety and Security Training Courses**



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# WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

## OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

## OUR MISSION

We are dedicated to developing value-adding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

## WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.



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