



# **Beyond Basic Safety: The Complete Occupational Health & Safety Training Course**

14 - 18 Sep 2025  
Manama



**AGILE LEADERS**  
Training Center



# Beyond Basic Safety: The Complete Occupational Health & Safety Training Course

**Ref.:** 36062\_252947 **Date:** 14 - 18 Sep 2025 **Location:** Manama **Fees:** 3900 **Euro**

## course Overview:

The 'Occupational Health and Safety' course is a comprehensive safety course designed to equip participants with the knowledge and skills necessary to maintain a health safety environment in their workplace. This course combines elements of safety courses, fire safety training, and occupational health and safety courses to provide a holistic approach to workplace safety. Participants will earn a safety certificate upon completion, demonstrating their understanding of key health and safety principles. This course is not just another occupational health and safety course, but a complete package that ensures the safety and health of your organization.

## Target Audience:

- Health and Safety Officers
- Facility Managers
- HR Managers
- Employees responsible for maintaining a safe and healthy work environment

## Targeted Organizational Departments:

- Human Resources
- Facilities Management
- Operations

## Targeted Industries:

- Manufacturing
- Construction
- Healthcare
- Energy

## Course Offerings:

Participants will be able to:

- Understand and implement safety measures
- Conduct fire safety training



- Manage the health safety environment

## **Training Methodology:**

This course employs a variety of training methodologies to ensure a comprehensive understanding of occupational health and safety. Participants will engage in case studies, group work, interactive sessions, and feedback sessions. These methods are designed to reinforce the principles learned in the safety courses and fire safety training. The course culminates in a safety certificate, demonstrating the participant's proficiency in maintaining a health safety environment.

## **Course Toolbox:**

Participants will be provided with:

- Workbooks
- Reading materials
- Online resources
- Checklists
- Templates

## **Course Agenda:**

### **Day 1: Overview and Key Principles in Occupational Safety and Health**

- Topic 1: Understanding Occupational Hazards and Risks
- Topic 2: The ILO Response to Occupational Hazards
- Topic 3: Core OSH Principles
- Topic 4: Rights and Duties in Occupational Safety and Health
- Reflection & Review: Review of the day's topics and reflection on the importance of understanding occupational hazards and key OSH principles

### **Day 2: National Framework Design and Implementation**

- Topic 1: General Framework for Occupational Safety and Health
- Topic 2: National Policy on Occupational Safety and Health
- Topic 3: National System for Occupational Safety and Health
- Topic 4: National Programmes for Occupational Safety and Health
- Reflection & Review: Review of the national framework for occupational safety and health and reflection on its importance

### **Day 3: Occupational Safety and Health Policy within the Enterprise**



- Topic 1: Occupational Safety and Health Policy within the Enterprise
- Topic 2: Management of Occupational Safety and Health
- Topic 3: Legislation, Enforcement and Collective Agreements
- Topic 4: Occupational Health Surveillance
- Reflection & Review: Review of the day's topics and reflection on the importance of OSH policy within the enterprise

#### **Day 4: Operational Measures and Occupational Health Services**

- Topic 1: Occupational Health Services
- Topic 2: HIV/AIDS and the World of Work
- Topic 3: Preventive and Protective Measures
- Topic 4: Health Promotion, Education and Training
- Reflection & Review: Review of the day's topics and reflection on the importance of operational measures and occupational health services

#### **Day 5: Health Promotion, Education and Training**

- Topic 1: Promotion of Occupational Safety and Health
- Topic 2: Training and Information at the National Level
- Topic 3: Training and Information at the Enterprise Level
- Topic 4: Training Methods and Materials
- Reflection & Review: Review of the course and reflection on the importance of health promotion, education and training

#### **How This Course is Different from Other HSE Courses:**

The 'Occupational Health and Safety' course stands out from other similar courses due to its comprehensive approach to safety. It combines elements of safety courses, fire safety training, and occupational health and safety courses to provide a holistic approach to workplace safety. Participants will earn a safety certificate upon completion, demonstrating their understanding of key health and safety principles. This course is not just another occupational health and safety course, but a complete package that ensures the safety and health of your organization.

# WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

## OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

## OUR MISSION

We are dedicated to developing value-adding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

## WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.



**AGILE LEADERS**  
Training Center

## CONTACT US

 UAE, Dubai Investment Park First

 +971585964727  
 +447700176600

 [sales@agile4training.com](mailto:sales@agile4training.com)



## Gamified and Interactive Training

We understand that training delivery can be challenging, both online and offline. To ensure engagement and achieve learning objectives, we have developed our own activities and collaborated with industry-leading solutions to gamify our training sessions. This approach increases interaction levels and guarantees effective learning outcomes.



## Our Training Categories

We cover a wide range of training categories to cater to different needs and interests

- Branding, Marketing, Customer Relations, & Sales Programs
- Political & Public Relations Programs
- Finance and Accounting Programs
- Project Management Programs
- Human Resources Management Programs
- Quality & Process Management
- Management & Leadership Programs
- Self-Development Programs

Join Agile Leaders today and embark on a transformative journey towards becoming a more agile and effective leader. Experience our customer-centric approach, actionable training, and guaranteed return on investment. Let us help you unleash your full potential in the dynamic business landscape.



## Where to Find Us

You can join our training programs at our centers located in



We also offer online training sessions through the Zoom platform.

- Malaysia**  
Kuala Lumpur
- Morocco**  
Casablanca
- Spain**  
Barcelona
- France**  
Paris
- UK**  
London
- Italy**  
Rome
- Egypt**  
Cairo  
Sharm El-Sheikh
- Turkey**  
Istanbul
- Georgia**  
Tbilisi
- Azerbaijan**  
Baku
- UAE**  
Dubai



UAE, Dubai Investment Park First



+971585964727  
+447700176600



sales@agile4training.com