



Change Management and Digital Transformation towards Humanizing Cities

24 - 28 Mar 2026
Tokyo



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Ref.: 36381_28289 **Date:** 24 - 28 Mar 2026 **Location:** Tokyo **Fees:** 10000 **Euro**

Course Overview:

The course addresses the critical intersection of technological advancement and urban development. Designed to empower professionals with strategies to create sustainable, inclusive, and innovative urban environments, this course offers a blend of foundational principles and cutting-edge applications. Participants will explore leadership strategies, digital transformation techniques, and approaches to humanizing urban systems while addressing modern challenges like cybersecurity, workforce adaptation, and inclusivity. Through interactive workshops, case studies, and collaborative projects, this course equips participants to lead transformative initiatives that align technology with human values for thriving cities of the future.

Target Audience:

- Urban Planners
- City Officials
- Leaders and Managers
- Technology and Innovation Specialists
- Academics and Researchers
- NGO and Community Leaders

Targeted Organizational Departments:

- Urban Planning and Development
- Innovation and Technology
- Environmental Sustainability
- Public Policy and Governance
- Community and Social Development

Targeted Industries:

- Urban Development and Planning
- Technology and Smart Cities
- Environmental Management
- Public Administration
- Non-Governmental Organizations

Course Offerings:

By the end of this course, participants will be able to:

- Understand and apply change management principles to urban contexts
- Develop leadership and communication strategies for effective transformation
- Implement digital transformation techniques tailored to human-centric cities
- Design and evaluate urban systems prioritizing inclusivity and sustainability
- Overcome barriers in digital transformation to achieve smart city goals

Training Methodology:

This course adopts an immersive and practical learning approach. Participants will engage in hands-on activities, including case studies, scenario-based exercises, and collaborative group projects. Interactive workshops will provide participants with opportunities to brainstorm and propose solutions to real-world urban challenges.

Course Toolbox:

- Comprehensive course ebooks
- Case studies on successful urban transformation projects
- Online resources and reading materials
- Group project frameworks and evaluation rubrics

Course Agenda:

Day 1: Foundations of Change Management

- **Topic 1:** Introduction to Change Management
- **Topic 2:** The Stages of Change Management
- **Topic 3:** Case Studies of Successful Change Initiatives
- **Topic 4:** Planning, Communication, and Employee Engagement
- **Topic 5:** Interactive Case Study Analysis
- **Reflection & Review:** Reflection & Review

Day 2: Leadership and Strategy

- **Topic 1:** Leadership in Change Management
- **Topic 2:** Building Trust and Reducing Resistance
- **Topic 3:** SWOT Analysis and KPIs
- **Topic 4:** Roadmaps for Implementation
- **Topic 5:** Scenario-Based Strategy Design
- **Reflection & Review:** Reflection & Review



Day 3: Digital Transformation Basics

- **Topic 1:** What is Digital Transformation?
- **Topic 2:** Key Concepts and Components
- **Topic 3:** Addressing Cybersecurity Risks and Cost Barriers
- **Topic 4:** Building Digital Skills for Workforce Adaptation
- **Topic 5:** Workshop on Digital Transformation Solutions
- **Reflection & Review:** Reflection & Review

Day 4: Humanizing Cities through Technology

- **Topic 1:** Smart Cities and Sustainability
- **Topic 2:** Leveraging AI and IoT for Urban Systems
- **Topic 3:** Renewable Energy and Waste Management Systems
- **Topic 4:** Designing Inclusive Public Spaces
- **Topic 5:** Group Smart City Proposal Development
- **Reflection & Review:** Reflection & Review

Day 5: Evaluation and Future Readiness

- **Topic 1:** Monitoring and Measuring Success
- **Topic 2:** Reviewing Urban Transformation Projects
- **Topic 3:** Adapting to Emerging Trends and Technologies
- **Topic 4:** Building a Culture of Innovation
- **Topic 5:** Final Group Presentations and Feedback
- **Reflection & Review:** Reflection & Review

How This Course is Different from Other Change Management Courses:

This course uniquely combines change management and digital transformation strategies for urban settings. It emphasizes humanizing cities, promoting inclusivity, and using technology for sustainable urban systems. Through workshops and real-world projects, participants gain practical insights to drive innovation in their communities. The course's focus on leadership development and human-centred approaches equips participants to tackle modern urban challenges effectively.

Training Course Categories



Finance and Accounting Training Courses



Agile PM and Project Management Training Courses



Certified Courses By International Bodies



Communication and Public Relations Training Courses



Data Analytics Training and Data Science Courses



Environment & Sustainability Training Courses



Governance, Risk and Compliance Training Courses



Human Resources Training and Development Courses



IT Security Training & IT Training Courses



Leadership and Management Training Courses



Legal Training, Procurement and Contracting Courses



Maintenance Training and Engineering Training Courses



Training Course Categories



Marketing, Customer Relations, and Sales Courses



Occupational Health, Safety and Security Training Courses



Oil & Gas Training and Other Technical Courses



Personal & Self-Development Training Courses



Quality and Operations Management Training Courses



Secretarial and Administration Training Courses



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**Zoom - Online
Training**

WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

OUR MISSION

We are dedicated to developing value-adding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.



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