Cybersecurity Maturity Model (CMMC) Certification Training Course



17 - 21 Mar 2026 Tokyo



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Ref.: 103600283_30844 Date: 17 - 21 Mar 2026 Location: Tokyo Fees: 6500 Euro

Course Overview

The course is designed to provide DoD contractors, cybersecurity professionals, and compliance officers with a thorough understanding of CMMC requirements, levels, and assessment procedures. With CMMC 2.0 certification becoming a mandatory compliance standard for federal cybersecurity compliance within the Defense Industrial Base DIB, this course ensures that participants gain the expertise needed to navigate CMMC certification training effectively.

Participants will explore the CMMC ecosystem overview, the DoD cybersecurity framework, and the integration of NIST SP 800-171 training and DFARS cybersecurity requirements into compliance strategies. By the end of this CMMC compliance course, learners will be able to apply CMMC best practices, perform CMMC high-level scoping, and prepare for CMMC third-party assessments C3PAO.

Target Audience

- Cybersecurity professionals working with DoD contractors
- CMMC assessors and consultants
- Regulatory compliance officers
- IT security managers and risk analysts
- Federal employees handling DoD contracts
- Defense Industrial Base DIB suppliers

Targeted Organizational Departments

- IT and Cybersecurity Teams
- Compliance & Legal Departments
- Risk Management Teams
- Procurement & Vendor Management

Targeted Industries

- Defense Contractors & Military Suppliers
- Aerospace & Manufacturing
- Cybersecurity & IT Services
- Government & Public Sector
- Healthcare & Financial Sectors



Course Offerings

By the end of this course, participants will be able to:

- Understand the structure of the CMMC framework training and its application
- Explain CMMC levels and assessment processes
- Implement NIST SP 800-171 training principles into cybersecurity policies
- Prepare for Cyber AB CMMC certification assessments
- Navigate CMMC third-party assessment C3PAO procedures
- Develop a roadmap for successful CMMC certification training
- Mitigate cybersecurity risks using CMMC best practices
- Gain 2 Certification from Agile Leaders & BECB

Training Methodology

- Instructor-led training with real-world CMMC cybersecurity strategy insights
- Case studies demonstrating CMMC risk management frameworks in action
- Practical workshops on CMMC audit preparation
- Live simulations of CMMC assessment processes
- Peer discussions and group exercises on cybersecurity challenges
- Assessment practice exams to prepare for certification

Course Toolbox

- CMMC framework manuals
- Compliance checklists for CMMC readiness
- Assessment process templates
- Case study workbooks
- Cybersecurity training for government contractors handbook

Course Agenda

Day 1: Understanding CMMC Fundamentals

- Introduction to CMMC ecosystem overview
- CMMC 2.0 vs. NIST compliance: Key differences
- FAR 52.204-21 compliance and DFARS cybersecurity requirements
- Cybersecurity certification for DoD contractors: Legal & regulatory obligations
- Reflection & Review



Day 2: CMMC Levels & Assessment Process

- CMMC levels explained: Structure and maturity process
- CMMC assessment process: How organizations get certified
- NIST SP 800-171 training & its role in compliance
- Cyber AB CMMC certification: Steps to achieving certification
- Reflection & Review

Day 3: CMMC Implementation & Risk Management

- CMMC framework training: Implementation best practices
- CMMC supplier security requirements: Protecting the supply chain
- CMMC process maturity levels & continuous improvement strategies
- DoD cybersecurity compliance: Risk mitigation techniques
- Reflection & Review

Day 4: Preparing for CMMC Assessments

- CMMC third-party assessment C3PAO: What to expect
- CMMC risk management framework: Security controls & compliance
- CMMC high-level scoping & documentation preparation
- Cybersecurity assessment training: Practice session & role-play exercises
- Reflection & Review

Day 5: Certification & Roadmap for Success

- CMMC audit preparation: Common mistakes & solutions
- CMMC certification roadmap: Step-by-step guide to passing the certification
- CMMC cybersecurity strategy for long-term compliance
- Final Q&A session & exam preparation tips
- Reflection & Review

FAQ

• What specific qualifications or prerequisites are needed for participants before enrolling in the course?

There are no formal prerequisites; however, basic cybersecurity knowledge and familiarity with NIST SP 800-171 and DFARS compliance are recommended.

• How long is each day's session, and is there a total number of hours required for the entire course?



Each day's session lasts 4-5 hours, making the total duration approximately 20-25 hours over five days.

• What is the role of a Certified CMMC Professional in the assessment process?

A Certified CMMC Professional CCP supports organizations in achieving CMMC compliance, works with C3PAOs in assessments, and helps DoD contractors implement security controls.

How This Course is Different from Other CMMC Certification Courses

This program stands out from other CMMC compliance courses by offering hands-on practical training, CMMC audit preparation workshops, and exclusive case studies focused on cybersecurity training for DoD contractors. Participants will receive step-by-step guidance through the CMMC certification roadmap, including comprehensive updates on CMMC 2.0 certification. The course features live interactive Q&A sessions with CMMC compliance experts. By the end of this training, participants will possess the skills necessary to achieve certification, ensure compliance, and enhance the cybersecurity defences within their organizations.



Training Course Categories



Finance and Accounting Training Courses



Agile PM and Project Management Training Courses



Certified Courses By International Bodies



Communication and Public Relations Training Courses



Data Analytics Training and Data Science Courses



Environment & Sustainability Training Courses



Governance, Risk and Compliance Training Courses



Human Resources Training and Development Courses



IT Security Training & IT Training Courses



Leadership and Management Training Courses



Legal Training, Procurement and Contracting Courses



Maintenance Training and Engineering Training Courses



Training Course Categories



Marketing, Customer Relations, and Sales Courses



Occupational Health, Safety and Security Training Courses



Oil & Gas Training and Other Technical Courses



Personal & Self-Development Training Courses



Quality and Operations Management Training Courses



Secretarial and Administration Training Courses





Accra - Ghana



Amman - Jordan



Training Cities

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Baku - Azerbaijan



Bali - Indonesia



Bangkok - Thailand



Barcelona - Spain



Cairo - Egypt



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Sharm El-Sheikh -Egypt



Tbilisi - Georgia



Tokyo - Japan



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WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

OUR MISSION

We are dedicated to developing valueadding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.

