



Operational Resilience Management : Master Risk & Business Continuity Training

Course
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Tokyo



AGILE LEADERS
Training Center



Operational Resilience Management : Master Risk & Business Continuity Training Course

Ref.: 103600319_33254 **Date:** 05 - 09 May 2026 **Location:** Tokyo **Fees:** 6500 **Euro**

Course Overview:

Operational disruptions are inevitable, but organizations that master operational resilience can mitigate risks, sustain business continuity, and recover faster from crises. The Operational Resilience Management: Master Risk & Business Continuity Training Course equips professionals with essential knowledge in risk management, crisis response, and cyber resilience. Through this training, participants will develop strategic approaches for business impact analysis, resilience testing, and compliance management. With a focus on regulatory frameworks, third-party risk management, and digital resilience, attendees will gain practical insights into strengthening operational resilience within their organizations. This comprehensive course prepares participants for the Lead Operational Resilience Manager certification, enhancing their expertise in implementing resilience strategies effectively.

Target Audience:

- Business continuity managers
- Risk managers and compliance officers
- IT and cyber resilience professionals
- Crisis management specialists
- Operations and governance executives
- Consultants specializing in resilience strategies
- Auditors and regulatory professionals

Targeted Organizational Departments:

- Risk management and compliance
- Business continuity planning
- IT and cybersecurity
- Operations and supply chain management
- Corporate governance
- Regulatory affairs



Targeted Industries:

- Banking and financial services
- Healthcare and pharmaceuticals
- Telecommunications
- Energy and utilities
- Government and public sector
- Manufacturing and logistics
- Retail and e-commerce

Course Offerings:

By the end of this course, participants will be able to:

- Implement operational resilience frameworks within their organizations.
- Conduct business impact analysis and risk assessment to identify critical business services.
- Develop strategies for crisis management, disaster recovery, and compliance management.
- Enhance cyber resilience and third-party risk management.
- Apply best practices for testing and improving operational resilience.
- Prepare for the Lead Operational Resilience Manager certification.

Training Methodology:

This course employs an interactive and practical approach, incorporating:

- Case studies on real-world operational resilience challenges.
- Scenario-based learning to simulate crisis response and incident management.
- Discussions to encourage peer learning and industry insights.
- Self-assessments to evaluate participants' resilience strategies.

Course Toolbox:

- Business resilience frameworks
- Business impact analysis templates
- Risk assessment and mitigation checklists
- Compliance and regulatory standards guides
- Crisis response and recovery planning tools
- Cyber resilience best practices
- Operational resilience scenario testing models

Course Agenda:



Day 1: Foundations of Operational Resilience

- **Topic 1:** Introduction to operational resilience and risk management
- **Topic 2:** Regulatory and standards framework for resilience
- **Topic 3:** Identifying critical business services and impact tolerances
- **Topic 4:** Business continuity and resilience planning
- **Topic 5:** Governance in operational resilience management
- **Topic 6:** Risk assessment methodologies
- **Reflection & Review:** Key takeaways and discussion

Day 2: Planning Resilience Frameworks

- **Topic 1:** Business impact analysis fundamentals
- **Topic 2:** Risk assessment and mitigation strategies
- **Topic 3:** Resource planning and allocation for resilience
- **Topic 4:** Third-party risk management and supply chain resilience
- **Topic 5:** Cyber resilience and digital protection measures
- **Topic 6:** Compliance and regulatory considerations in resilience planning
- **Reflection & Review:** Lessons learned and practical applications

Day 3: Establishing Resilience Practices

- **Topic 1:** Cyber resilience best practices and frameworks
- **Topic 2:** Crisis response and incident management
- **Topic 3:** Developing a resilience organizational culture
- **Topic 4:** Disaster recovery planning and testing
- **Topic 5:** Leadership and decision-making in resilience management
- **Topic 6:** Communication strategies for operational disruptions
- **Reflection & Review:** Group discussions and case study analysis

Day 4: Testing & Continuous Improvement

- **Topic 1:** Conducting resilience scenario testing and self-assessments
- **Topic 2:** Incident response effectiveness and assessment
- **Topic 3:** Monitoring and evaluating operational resilience performance
- **Topic 4:** Lessons learned and continuous improvement strategies
- **Topic 5:** Integrating resilience into overall business strategy
- **Topic 6:** Best practices in resilience planning and adaptation
- **Reflection & Review:** Summary and future action planning



Day 5: Advanced Resilience Strategies and Certification Exam Preparation

- **Topic 1:** Certification requirements and exam preparation
- **Topic 2:** Advanced risk assessment techniques for operational resilience
- **Topic 3:** Industry-specific operational resilience case studies
- **Topic 4:** Business continuity and disaster recovery integration
- **Topic 5:** Scenario-based exercises and application of learned concepts
- **Topic 6:** Ethical considerations and regulatory compliance in resilience management
- **Reflection & Review:** Final review and key takeaways

FAQ:

What specific qualifications or prerequisites are needed for participants before enrolling in the course?

This course is open to professionals involved in risk management, business continuity, and operational resilience. No prior certification is required, but experience in compliance, cybersecurity, or governance is beneficial.

How long is each day's session, and is there a total number of hours required for the entire course?

Each day's session lasts approximately 4-5 hours, totaling 20-25 hours of instruction over five days.

How does operational resilience differ from business continuity management?

While business continuity management BCM focuses on preparing organizations to recover from disruptions, operational resilience is broader, emphasizing continuous adaptation, impact tolerance, and proactive risk mitigation strategies.

How This Course is Different from Other Operational Resilience Courses:

Unlike traditional business continuity or risk management courses, this program integrates cyber resilience, third-party risk, compliance, and governance strategies into a holistic framework. Participants will gain hands-on experience through scenario-based learning, regulatory case studies, and industry-specific best practices. Furthermore, this course is aligned with the Lead Operational Resilience Manager certification, offering a recognized credential for professionals aiming to advance their careers in operational resilience management. By the end of the program, attendees will be equipped with the tools and knowledge to build resilience strategies, mitigate risks, and enhance business continuity across industries.

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WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

OUR MISSION

We are dedicated to developing value-adding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.



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