



# **NIST Cybersecurity Training Course: Master Risk Management & Security Controls**

25 - 29 May 2026  
Johannesburg

# NIST Cybersecurity Training Course: Master Risk Management & Security Controls

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## Course Overview

The NIST Cybersecurity Training Course: Master Risk Management & Security Controls is designed to equip professionals with the knowledge and skills required to implement and manage security controls based on NIST standards. This course provides a structured approach to cybersecurity risk management, offering hands-on training on cybersecurity frameworks, compliance guidelines, and best practices.

Participants will gain expertise in NIST cybersecurity framework training, cybersecurity certification, and IT security compliance training. They will learn how to apply NIST security control selection techniques, implement NIST SP 800-171 certification requirements, and develop risk management strategies in line with federal cybersecurity best practices.

The course covers key areas such as cybersecurity risk assessment, incident response using NIST guidelines, and developing a cybersecurity program that aligns with NIST security controls implementation.

## Target Audience

- Cybersecurity professionals and IT security specialists
- Risk managers and compliance officers
- System administrators and network engineers
- Government contractors handling sensitive information
- Executives and decision-makers responsible for cybersecurity programs
- Cybersecurity consultants and auditors

## Targeted Organizational Departments

- IT security and infrastructure teams
- Compliance and risk management departments
- Government and federal agencies handling cybersecurity regulations
- Cybersecurity consulting firms
- Digital forensics and cybercrime investigation units

## Targeted Industries

- Government agencies and federal organizations
- Financial institutions and banking sectors
- Healthcare organizations handling sensitive data
- Defense and aerospace industries
- Technology and software companies
- Supply chain and critical infrastructure sectors

## Course Offerings

By the end of this course, participants will be able to:

- Implement cybersecurity compliance with NIST across different industries
- Assess and mitigate cyber threats using NIST security controls implementation
- Develop cybersecurity programs aligned with NIST security frameworks
- Conduct cybersecurity risk assessments and monitoring techniques
- Apply cybersecurity policy development with NIST guidelines

## Training Methodology

This course uses a blended learning approach, combining theoretical instruction with practical applications. Interactive sessions, real-world case studies, and activities help participants understand cybersecurity threats and risk mitigation strategies. Role-playing scenarios and incident response simulations allow learners to practice cybersecurity risk monitoring techniques.

Through cybersecurity training for federal agencies and government contractors, participants will engage in hands-on exercises focused on NIST compliance consulting course objectives. They will also receive structured guidance on how to use NIST for cybersecurity risk assessment and security control selection in their organizations.

## Course Toolbox

- Digital workbooks with cybersecurity compliance guidelines
- Checklists and templates for IT security compliance training
- Case studies on cybersecurity risk management strategies

## Course Agenda



## **Day 1: Introduction to NIST Cybersecurity and Governance**

- **Topic 1:** Overview of NIST and Its Role in Cybersecurity
- **Topic 2:** Understanding the NIST Cybersecurity Framework and Its Importance
- **Topic 3:** Key NIST Publications: NIST SP 800-12, NIST SP 800-53, NIST SP 800-171
- **Topic 4:** Cybersecurity Policy Development and Governance Models
- **Topic 5:** Roles and Responsibilities in a Cybersecurity Program
- **Topic 6:** Organizational Context and Cybersecurity Risk Considerations
- **Reflection & Review:** Key takeaways on NIST cybersecurity principles and governance

## **Day 2: Risk Management and Security Control Selection**

- **Topic 1:** Introduction to NIST Risk Management Framework NIST RMF
- **Topic 2:** Identifying and Assessing Cybersecurity Risks in an Organization
- **Topic 3:** NIST Security Control Selection and Implementation
- **Topic 4:** Supply Chain Risk Management and Third-Party Cybersecurity Risks
- **Topic 5:** Asset Management and Continuous Security Improvement
- **Topic 6:** Federal Cybersecurity Best Practices for Compliance
- **Reflection & Review:** Evaluating risk management effectiveness using NIST frameworks

## **Day 3: Cybersecurity Awareness, Training, and Continuous Monitoring**

- **Topic 1:** Security Awareness and Training Programs Based on NIST Guidelines
- **Topic 2:** Implementing Security Measures to Protect Information Systems
- **Topic 3:** Continuous Security Monitoring and Threat Intelligence Integration
- **Topic 4:** Cybersecurity Compliance with NIST Regulations and Standards
- **Topic 5:** Measuring and Reporting Cybersecurity Performance and Metrics
- **Topic 6:** Business Continuity and Cybersecurity Readiness
- **Reflection & Review:** Reviewing best practices for security awareness and monitoring

## **Day 4: Cybersecurity Incident Management and Response Strategies**

- **Topic 1:** Cybersecurity Incident Response Framework Based on NIST Guidelines
- **Topic 2:** ICT Readiness and Incident Handling Procedures
- **Topic 3:** Testing Cybersecurity Resilience and Threat Mitigation Strategies
- **Topic 4:** Developing an Effective Cybersecurity Incident Response Plan
- **Topic 5:** Incident Investigation and Digital Forensics Best Practices
- **Topic 6:** Continuous Improvement in Cybersecurity Incident Management
- **Reflection & Review:** Lessons learned from incident response case studies



## Day 5: Advanced Cybersecurity Strategies and Certification Preparation

- **Topic 1:** Advanced NIST Cybersecurity Certification Concepts and Applications
- **Topic 2:** Cybersecurity Program Development and Implementation Strategies
- **Topic 3:** Aligning Cybersecurity Frameworks with Business and Compliance Goals
- **Topic 4:** Preparing for NIST Cybersecurity Certification Exam
- **Topic 5:** Practical Case Study on Cybersecurity Risk Management and Controls
- **Topic 6:** Final Q&A and Discussion on Career Advancement in Cybersecurity
- **Reflection & Review:** Comprehensive review and key insights from the entire course

## FAQ

### What specific qualifications or prerequisites are needed for participants before enrolling in the course?

This course is open to cybersecurity professionals, IT specialists, and compliance officers with a foundational knowledge of cybersecurity principles. No prior NIST certification is required, but familiarity with risk management concepts is recommended.

### How long is each day's session, and is there a total number of hours required for the entire course?

Each day's session lasts approximately 4-5 hours, including breaks and interactive activities. The full course spans five days, covering 20-25 hours of in-depth cybersecurity training.

### What makes the NIST Cybersecurity Framework essential for risk management?

The NIST cybersecurity framework provides a structured approach to managing security risks across various industries. It helps organizations develop cybersecurity programs, implement best practices, and comply with government regulations.

### How This Course is Different from Other NIST Cybersecurity Courses

This course stands out by offering a hands-on approach to cybersecurity risk assessment and IT security compliance training. Unlike traditional cybersecurity courses, this program provides practical applications of NIST security controls implementation, tailored for government cybersecurity framework training and private sector compliance.

Participants will gain real-world expertise in cybersecurity policy development with NIST and cybersecurity threat detection techniques. With interactive sessions on cybersecurity risk monitoring techniques and NIST compliance consulting course strategies, this training ensures a deep understanding of federal cybersecurity best practices.

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**Environment &  
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Courses**



**Governance, Risk and  
Compliance Training  
Courses**



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# Training Course Categories



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# WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

## OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

## OUR MISSION

We are dedicated to developing value-adding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

## WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.



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