

# Beyond Basic Safety: The Complete Occupational Health & Safety Training Course

28 Sep - 02 Oct 2026 Manama





# **Beyond Basic Safety: The Complete Occupational Health & Safety Training Course**

Ref.: HSS36062\_5167 Date: 28 Sep - 02 Oct 2026 Location: Manama Fees: 4700 Euro

#### course Overview:

The 'Occupational Health and Safety' course is a comprehensive safety course designed to equip participants with the knowledge and skills necessary to maintain a health safety environment in their workplace. This course combines elements of safety courses, fire safety training, and occupational health and safety courses to provide a holistic approach to workplace safety. Participants will earn a safety certificate upon completion, demonstrating their understanding of key health and safety principles. This course is not just another occupational health and safety course, but a complete package that ensures the safety and health of your organization.

#### **Target Audience:**

- Health and Safety Officers
- Facility Managers
- HR Managers
- Employees responsible for maintaining a safe and healthy work environment

#### **Targeted Organizational Departments:**

- Human Resources
- Facilities Management
- Operations

#### **Targeted Industries:**

- Manufacturing
- Construction
- Healthcare
- Energy

#### **Course Offerings:**

Participants will be able to:

- Understand and implement safety measures
- Conduct fire safety training
- Manage the health safety environment



#### **Training Methodology:**

This course employs a variety of training methodologies to ensure a comprehensive understanding of occupational health and safety. Participants will engage in case studies, group work, interactive sessions, and feedback sessions. These methods are designed to reinforce the principles learned in the safety courses and fire safety training. The course culminates in a safety certificate, demonstrating the participant's proficiency in maintaining a health safety environment.

#### **Course Toolbox:**

Participants will be provided with:

- Workbooks
- Reading materials
- Online resources
- Checklists
- Templates

#### **Course Agenda:**

#### Day 1: Overview and Key Principles in Occupational Safety and Health

- Topic 1: Understanding Occupational Hazards and Risks
- Topic 2: The ILO Response to Occupational Hazards
- Topic 3: Core OSH Principles
- Topic 4: Rights and Duties in Occupational Safety and Health
- Reflection & Review: Review of the day's topics and reflection on the importance of understanding occupational hazards and key OSH principles

#### **Day 2: National Framework Design and Implementation**

- Topic 1: General Framework for Occupational Safety and Health
- Topic 2: National Policy on Occupational Safety and Health
- Topic 3: National System for Occupational Safety and Health
- Topic 4: National Programmes for Occupational Safety and Health
- Reflection & Review: Review of the national framework for occupational safety and health and reflection on its importance



#### Day 3: Occupational Safety and Health Policy within the Enterprise

- Topic 1: Occupational Safety and Health Policy within the Enterprise
- Topic 2: Management of Occupational Safety and Health
- Topic 3: Legislation, Enforcement and Collective Agreements
- Topic 4: Occupational Health Surveillance
- Reflection & Review: Review of the day's topics and reflection on the importance of OSH policy within the enterprise

#### **Day 4: Operational Measures and Occupational Health Services**

- Topic 1: Occupational Health Services
- Topic 2: HIV/AIDS and the World of Work
- Topic 3: Preventive and Protective Measures
- Topic 4: Health Promotion, Education and Training
- Reflection & Review: Review of the day's topics and reflection on the importance of operational measures and occupational health services

#### Day 5: Health Promotion, Education and Training

- Topic 1: Promotion of Occupational Safety and Health
- Topic 2: Training and Information at the National Level
- Topic 3: Training and Information at the Enterprise Level
- Topic 4: Training Methods and Materials
- Reflection & Review: Review of the course and reflection on the importance of health promotion, education and training

#### **How This Course is Different from Other HSE Courses:**

The 'Occupational Health and Safety' course stands out from other similar courses due to its comprehensive approach to safety. It combines elements of safety courses, fire safety training, and occupational health and safety courses to provide a holistic approach to workplace safety. Participants will earn a safety certificate upon completion, demonstrating their understanding of key health and safety principles. This course is not just another occupational health and safety course, but a complete package that ensures the safety and health of your organization.



### **Training Course Categories**



Finance and Accounting Training Courses



Agile PM and Project Management Training Courses



Certified Courses By International Bodies



Communication and Public Relations Training Courses



Data Analytics Training and Data Science Courses



Environment & Sustainability Training Courses



Governance, Risk and Compliance Training Courses



Human Resources Training and Development Courses



IT Security Training & IT Training Courses



Leadership and Management Training Courses



Legal Training, Procurement and Contracting Courses



Maintenance Training and Engineering Training Courses



## **Training Course Categories**



Marketing, Customer Relations, and Sales Courses



Occupational Health, Safety and Security Training Courses



Oil & Gas Training and Other Technical Courses



Personal & Self-Development Training Courses



Quality and Operations Management Training Courses



Secretarial and Administration Training Courses



## **Training Cities**

## WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

## **OUR VISION**

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

## **OUR MISSION**

We are dedicated to developing valueadding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

## WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.





#### **CONTACT US**





