



Beyond Basic Safety: The Complete Occupational Health & Safety Training Course

29 Dec 2025 - 02 Jan 2026
Manama



Beyond Basic Safety: The Complete Occupational Health & Safety Training Course

Ref.: 36062_5169 **Date:** 29 Dec 2025 - 02 Jan 2026 **Location:** Manama **Fees:** 4700 **Euro**

course Overview:

The 'Occupational Health and Safety' course is a comprehensive safety course designed to equip participants with the knowledge and skills necessary to maintain a health safety environment in their workplace. This course combines elements of safety courses, fire safety training, and occupational health and safety courses to provide a holistic approach to workplace safety. Participants will earn a safety certificate upon completion, demonstrating their understanding of key health and safety principles. This course is not just another occupational health and safety course, but a complete package that ensures the safety and health of your organization.

Target Audience:

- Health and Safety Officers
- Facility Managers
- HR Managers
- Employees responsible for maintaining a safe and healthy work environment

Targeted Organizational Departments:

- Human Resources
- Facilities Management
- Operations

Targeted Industries:

- Manufacturing
- Construction
- Healthcare
- Energy

Course Offerings:

Participants will be able to:

- Understand and implement safety measures
- Conduct fire safety training
- Manage the health safety environment

Training Methodology:

This course employs a variety of training methodologies to ensure a comprehensive understanding of occupational health and safety. Participants will engage in case studies, group work, interactive sessions, and feedback sessions. These methods are designed to reinforce the principles learned in the safety courses and fire safety training. The course culminates in a safety certificate, demonstrating the participant's proficiency in maintaining a health safety environment.

Course Toolbox:

Participants will be provided with:

- Workbooks
- Reading materials
- Online resources
- Checklists
- Templates

Course Agenda:

Day 1: Overview and Key Principles in Occupational Safety and Health

- Topic 1: Understanding Occupational Hazards and Risks
- Topic 2: The ILO Response to Occupational Hazards
- Topic 3: Core OSH Principles
- Topic 4: Rights and Duties in Occupational Safety and Health
- Reflection & Review: Review of the day's topics and reflection on the importance of understanding occupational hazards and key OSH principles

Day 2: National Framework Design and Implementation

- Topic 1: General Framework for Occupational Safety and Health
- Topic 2: National Policy on Occupational Safety and Health
- Topic 3: National System for Occupational Safety and Health
- Topic 4: National Programmes for Occupational Safety and Health
- Reflection & Review: Review of the national framework for occupational safety and health and reflection on its importance



Day 3: Occupational Safety and Health Policy within the Enterprise

- Topic 1: Occupational Safety and Health Policy within the Enterprise
- Topic 2: Management of Occupational Safety and Health
- Topic 3: Legislation, Enforcement and Collective Agreements
- Topic 4: Occupational Health Surveillance
- Reflection & Review: Review of the day's topics and reflection on the importance of OSH policy within the enterprise

Day 4: Operational Measures and Occupational Health Services

- Topic 1: Occupational Health Services
- Topic 2: HIV/AIDS and the World of Work
- Topic 3: Preventive and Protective Measures
- Topic 4: Health Promotion, Education and Training
- Reflection & Review: Review of the day's topics and reflection on the importance of operational measures and occupational health services

Day 5: Health Promotion, Education and Training

- Topic 1: Promotion of Occupational Safety and Health
- Topic 2: Training and Information at the National Level
- Topic 3: Training and Information at the Enterprise Level
- Topic 4: Training Methods and Materials
- Reflection & Review: Review of the course and reflection on the importance of health promotion, education and training

How This Course is Different from Other HSE Courses:

The 'Occupational Health and Safety' course stands out from other similar courses due to its comprehensive approach to safety. It combines elements of safety courses, fire safety training, and occupational health and safety courses to provide a holistic approach to workplace safety. Participants will earn a safety certificate upon completion, demonstrating their understanding of key health and safety principles. This course is not just another occupational health and safety course, but a complete package that ensures the safety and health of your organization.



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**Leadership and
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**Legal Training,
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Contracting Courses**



**Maintenance Training
and Engineering
Training Courses**



Training Course Categories



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WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

OUR MISSION

We are dedicated to developing value-adding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.



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