ISO 45001-2018: Innovative Approaches to Workplace Safety and Health Management

01 - 05 Nov 2026
Muscat

AGILE LEADERS
Training Center

ISO 45001-2018: Innovative Approaches to Workplace Safety and Health Management

Ref.: 36179_60816 **Date:** 01 - 05 Nov 2026 **Location:** Muscat **Fees:** 5700 **Euro**

ISO 45001-2018: Innovative Approaches to Workplace Safety and Health Management Overview:

This comprehensive course offers a deep dive into the latest strategies and practices in Occupational Health and Safety Management System OH&S. Participants will explore the nuances of implementing an effective OH&S Management System, mastering the art of reducing workplace hazards and risks, and developing a robust safety policy. Emphasis will be on creating a safety-conscious organizational culture through effective safety leadership and commitment. This course is designed to equip professionals with the skills needed for workplace safety compliance, risk assessment in occupational safety, and hazard identification and control. Additionally, it covers worker participation in safety management, legal requirements in occupational health, and safety management system planning, all geared towards fostering continuous improvement in OH&S.

Target Audience:

- Safety Managers
- Compliance Officers
- HR Professionals
- Operational Managers
- Risk Assessment Specialists

This course addresses skill gaps in implementing safety policies, risk management, and creating a safety-focused culture.

Targeted Organizational Departments:

- Human Resources
- Operations
- Compliance and Risk Management
- Health and Safety

Departments will benefit from insights into OH&S management, workplace safety compliance, and emergency preparedness.

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Targeted Industries:

- Manufacturing
- Construction
- Healthcare
- Logistics and Transportation

These industries face unique safety challenges and will gain from focused training on hazard control and OH&S compliance.

Course Offerings:

Participants will acquire skills and knowledge in:

- Strategies for effective OH&S Management
- Techniques for reducing workplace hazards
- Leadership skills for safety management
- Developing and implementing safety policies
- Legal and compliance aspects of OH&S
- Emergency response and preparedness training

Training Methodology:

The course employs interactive learning methods including case studies, group discussions, and hands-on exercises. Participants will engage in risk assessment simulations, hazard identification workshops, and safety policy development sessions. The training will be reinforced with real-world examples and participatory exercises that encourage a safety-conscious culture. The use of innovative e-learning modules will cater to diverse learning styles, ensuring an impactful and comprehensive learning experience.

Course Toolbox:

- Comprehensive OH&S Management System Guidebook
- Risk Assessment and Hazard Identification Checklists
- Safety Policy Development Templates
- Access to Online OH&S Training Modules
- Interactive Case Studies and Scenario Analysis Tools

Course Agenda:

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Day 1: ISO 45001-2018 Foundations and Context

- **Topic 1:** Introduction to ISO 45001-2018 and its Significance
- **Topic 2:** Understanding the Scope of ISO 45001-2018 in OH&S
- **Topic 3:** Key Terminology and Definitions in ISO 45001-2018
- **Topic 4:** Analyzing Organizational Context for ISO 45001-2018 Compliance
- **Topic 5:** Identifying Worker Needs and Expectations under ISO 45001-2018
- **Reflection & Review:** Discussing the Impact of Organizational Context on ISO 45001-2018 Compliance

Day 2: Leadership and Policy in ISO 45001-2018

- **Topic 1:** Leadership Roles and Responsibilities in ISO 45001-2018
- **Topic 2:** Crafting an OH&S Policy Aligned with ISO 45001-2018
- **Topic 3:** Organizational Structure for ISO 45001-2018 Compliance
- **Topic 4:** Enhancing Worker Participation as per ISO 45001-2018
- **Topic 5:** Strategic Planning for ISO 45001-2018 OH&S Management System
- **Reflection & Review:** Evaluating Leadership's Role in ISO 45001-2018 Policy Development

Day 3: Risk Management and Compliance with ISO 45001-2018

- **Topic 1:** Hazard Identification Aligned with ISO 45001-2018
- **Topic 2:** Risk Assessment Techniques under ISO 45001-2018
- **Topic 3:** Identifying Opportunities for Improvement in OH&S
- **Topic 4:** Understanding Legal Requirements in ISO 45001-2018 Context
- **Topic 5:** Action Planning for Risk and Legal Compliance in ISO 45001-2018
- **Reflection & Review:** Integrating Risk Management with ISO 45001-2018 Standards

Day 4: Operational Control and Emergency Preparedness

- **Topic 1:** Operational Planning and Control under ISO 45001-2018
- **Topic 2:** Managing Organizational Change for OH&S Improvement
- **Topic 3:** Contractor Management and Outsourcing in ISO 45001-2018 Framework
- **Topic 4:** Developing ISO 45001-2018 Compliant Emergency Plans
- **Topic 5:** Effective Communication Strategies in ISO 45001-2018 OH&S
- **Reflection & Review:** Operational Excellence in Line with ISO 45001-2018

Day 5: Performance Evaluation and Continuous Improvement

- **Topic 1:** Monitoring and Measurement in ISO 45001-2018 OH&S
- **Topic 2:** Auditing and Compliance Evaluation in ISO 45001-2018
- **Topic 3:** Management Review Processes for ISO 45001-2018
- **Topic 4:** Incident Management and Corrective Actions as per ISO Standards
- **Topic 5:** Strategies for Continual Improvement under ISO 45001-2018
- **Reflection & Review:** Synthesizing ISO 45001-2018 Strategies for Workplace Safety

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How This Course is Different from Other ISO 45001-2018 Courses:

'Innovative Approaches to Workplace Safety and Health Management' stands out by offering a blend of theoretical knowledge and practical application. Unlike other courses, it provides an in-depth look into the latest trends and strategies in OH&S, along with hands-on training in risk assessment, policy development, and safety leadership. The course is unique in its use of interactive e-learning modules, real-world case studies, and participatory exercises. Participants will not only learn the fundamentals of OH&S management but also gain skills in implementing innovative safety solutions tailored to their specific industry needs. This course is an essential stepping stone for professionals aiming to elevate safety standards and foster a culture of continuous improvement in their organizations.

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Training Course Categories

Agile PM and Project Management Training Courses

Certified Courses By International Bodies

Communication and Public Relations Training Courses

Data Analytics Training and Data Science Courses

Environment & Sustainability Training Courses

Finance and Accounting Training Courses

Governance, Risk and Compliance Training Courses

Human Resources Training and Development Courses

IT Security Training & IT Training Courses

Leadership and Management Training Courses

Legal Training, Procurement and Contracting Courses

Maintenance Training and Engineering Training Courses

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Training Course Categories

Marketing, Customer Relations, and Sales Courses

Occupational Health, Safety and Security Training Courses

Personal & Self-Development Training Courses

Quality and Operations Management Training Courses

Secretarial and Administration Training Courses

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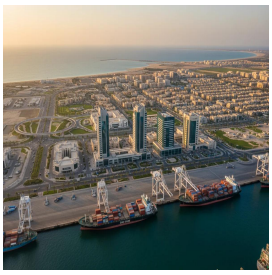
Training Cities

Abu Dhabi - UAE

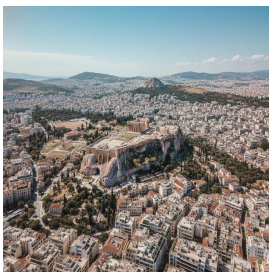
Accra - Ghana



Al Jubail - Saudi Arabia

Amman - Jordan

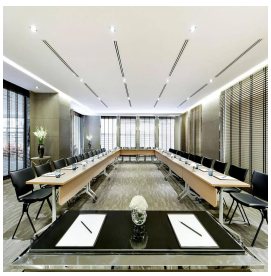
Amsterdam - Netherlands



Athens - Greece

Baku - Azerbaijan

Bali - Indonesia



Bangkok - Thailand

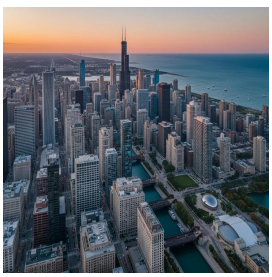
Barcelona - Spain

Berlin - Germany

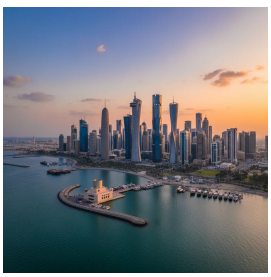
Cairo - Egypt

Cape town - South Africa

Casablanca - Morocco



Chicago - USA



Doha - Qatar

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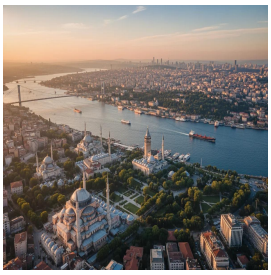
Training Cities

Dubai - UAE

Frankfurt - Germany

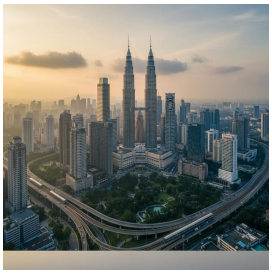
Geneva - Switzerland



Istanbul - Turkey

Jakarta - Indonesia

Johannesburg - South Africa



Kuala Lumpur - Malaysia

Kuwait - Kuwait

Langkawi - Malaysia

Lisbon - Portugal

London - UK

Madrid - Spain

Manama - Bahrain

Marbella - Spain

Milan - Italy

Montreux - Switzerland

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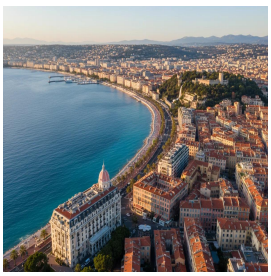
Training Cities

Munich - Germany

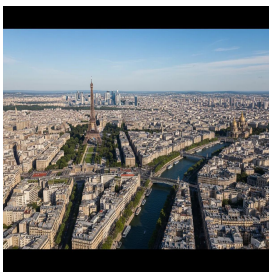
Muscat - Oman

Nairobi - Kenya

New York - USA



Nice - France



Paris - France

Phuket - Thailand

Porto - Portugal

Prague - Czech Republic

Riyadh - Saudi Arabia

Rome - Italy

San Diego - USA

Seoul - South Korea

Sharm El-Sheikh - Egypt

Singapore - Singapore

Tashkent - Uzbekistan

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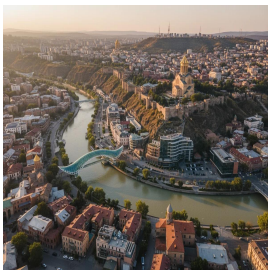
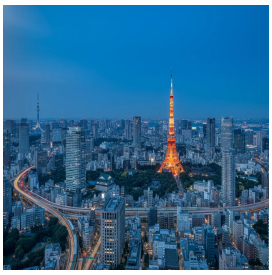
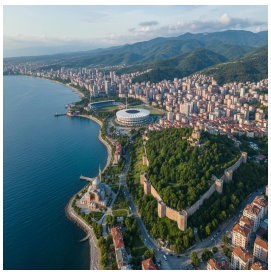


Tbilisi - Georgia

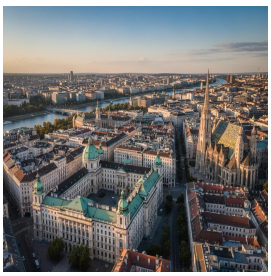


Tokyo - Japan

Toronto - Canada



Trabzon - Turkey



Vienna - Austria

Zanzibar - Tanzania

Zoom - Online Training

WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

OUR MISSION

We are dedicated to developing value-adding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.

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