

Beyond Basic Safety: The Complete Occupational Health & Safety Training Course

14 – 18 December 2026
Zoom

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Beyond Basic Safety: The Complete Occupational Health & Safety Training Course

Ref: 36062_65095 **Date:** 14 – 18 December 2026 **Location:** Zoom **Fees:** 1500 Euro

course Overview:

The 'Occupational Health and Safety' course is a comprehensive safety course designed to equip participants with the knowledge and skills necessary to maintain a health safety environment in their workplace. This course combines elements of safety courses, fire safety training, and occupational health and safety courses to provide a holistic approach to workplace safety. Participants will earn a safety certificate upon completion, demonstrating their understanding of key health and safety principles. This course is not just another occupational health and safety course, but a complete package that ensures the safety and health of your organization.

Target Audience:

- Health and Safety Officers
- Facility Managers
- HR Managers
- Employees responsible for maintaining a safe and healthy work environment

Targeted Organizational Departments:

- Human Resources
- Facilities Management
- Operations

Targeted Industries:

- Manufacturing
- Construction
- Healthcare
- Energy

Course Offerings:

Participants will be able to:

- Understand and implement safety measures
- Conduct fire safety training
- Manage the health safety environment

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Training Methodology:

This course employs a variety of training methodologies to ensure a comprehensive understanding of occupational health and safety. Participants will engage in case studies, group work, interactive sessions, and feedback sessions. These methods are designed to reinforce the principles learned in the safety courses and fire safety training. The course culminates in a safety certificate, demonstrating the participant's proficiency in maintaining a health safety environment.

Course Toolbox:

Participants will be provided with:

- Workbooks
- Reading materials
- Online resources
- Checklists
- Templates

Course Agenda:

Day 1: Overview and Key Principles in Occupational Safety and Health

- Topic 1: Understanding Occupational Hazards and Risks
- Topic 2: The ILO Response to Occupational Hazards
- Topic 3: Core OSH Principles
- Topic 4: Rights and Duties in Occupational Safety and Health
- Reflection & Review: Review of the day's topics and reflection on the importance of understanding occupational hazards and key OSH principles

Day 2: National Framework Design and Implementation

- Topic 1: General Framework for Occupational Safety and Health
- Topic 2: National Policy on Occupational Safety and Health
- Topic 3: National System for Occupational Safety and Health
- Topic 4: National Programmes for Occupational Safety and Health
- Reflection & Review: Review of the national framework for occupational safety and health and reflection on its importance

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Day 3: Occupational Safety and Health Policy within the Enterprise

- Topic 1: Occupational Safety and Health Policy within the Enterprise
- Topic 2: Management of Occupational Safety and Health
- Topic 3: Legislation, Enforcement and Collective Agreements
- Topic 4: Occupational Health Surveillance
- Reflection & Review: Review of the day's topics and reflection on the importance of OSH policy within the enterprise

Day 4: Operational Measures and Occupational Health Services

- Topic 1: Occupational Health Services
- Topic 2: HIV/AIDS and the World of Work
- Topic 3: Preventive and Protective Measures
- Topic 4: Health Promotion, Education and Training
- Reflection & Review: Review of the day's topics and reflection on the importance of operational measures and occupational health services

Day 5: Health Promotion, Education and Training

- Topic 1: Promotion of Occupational Safety and Health
- Topic 2: Training and Information at the National Level
- Topic 3: Training and Information at the Enterprise Level
- Topic 4: Training Methods and Materials
- Reflection & Review: Review of the course and reflection on the importance of health promotion, education and training

How This Course is Different from Other HSE Courses:

The 'Occupational Health and Safety' course stands out from other similar courses due to its comprehensive approach to safety. It combines elements of safety courses, fire safety training, and occupational health and safety courses to provide a holistic approach to workplace safety. Participants will earn a safety certificate upon completion, demonstrating their understanding of key health and safety principles. This course is not just another occupational health and safety course, but a complete package that ensures the safety and health of your organization.