



# **Agile 101 - Mastering the Agility Mindset Training Course**

20 - 24 Oct 2025  
Tokyo



# Agile 101 - Mastering the Agility Mindset Training Course

**Ref.:** 1012\_914 **Date:** 20 - 24 Oct 2025 **Location:** Tokyo **Fees:** 6500 **Euro**

## Overview:

"Agile 101: The Agility Mindset" is an immersive training course designed to harness the power of agility in a corporate environment. Through effective communication strategies and a robust agile methodology, participants will learn how to navigate agile transformation and cultivate an agile mindset within their teams. This course offering features certified agile leadership program trainers, leadership coaching, and agile coaching sessions that delve into agile leadership principles and practices. The course is rooted in an agile transformation strategy and provides negotiation skills training for better team collaboration. Earn your agile certification while gaining hands-on experience in leadership agility.

## Target Audience:

- Team Leaders
- Project Managers
- Scrum Masters
- Agile Coaches
- Product Owners

## Targeted Organizational Departments:

- Project Management
- Software Development
- Operations
- Human Resources
- Business Development

## Targeted Industries:

- Information Technology
- Telecommunications
- Financial Services
- Healthcare
- Manufacturing

## Course Offerings:

- Understand Agile Methodology
- Develop Communication Strategy
- Master Agile Transformation Strategy
- Learn Agile Leadership Principles and Practices
- Improve Negotiation Skills

## Training Methodology:

This training course incorporates multiple learning methods such as case studies, group work, interactive sessions, and feedback sessions to reinforce the learning process. The course features agile coaching and leadership coaching sessions from industry experts and certified agile leadership program instructors. The curriculum is designed around the agile methodology and includes modules on communication strategy and agile transformation. This course will guide participants through a mindset training process that promotes leadership agility and instills an agile mindset for the organization's benefit.

## Course Toolbox:

- Agile 101 Workbook
- Online Agile Resources
- Agile Certification Study Guide
- Negotiation Skills Checklist
- Communication Strategy Templates



## **Course Agenda:**

### **Day 1: Agile Foundations**

- Topic 1: Understanding Agile Methodology
- Topic 2: Communication Strategies in Agile Teams
- Reflection & Review: Reflecting on Agile Principles and Practices

### **Day 2: Agile Leadership**

- Topic 1: Agile Leadership Principles and Practices
- Topic 2: Agile Coaching and Mentoring
- Reflection & Review: Review Leadership Agility

### **Day 3: Transformation & Agility**

- Topic 1: Agile Transformation Strategy
- Topic 2: Developing Leadership Agility
- Reflection & Review: Agile Transformation Review

### **Day 4: Agility in Practice**

- Topic 1: Agile Certification Pathways
- Topic 2: Negotiation Skills in Agile Environment
- Reflection & Review: Negotiation Skills Review

### **Day 5: The Agile Mindset**

- Topic 1: Cultivating an Agile Mindset
- Topic 2: Mindset Training
- Reflection & Review: Reflect on Agility Mindset



## **How This Course is Different from Other Agile 101 training courses:**

"Agile 101: The Agility Mindset" stands apart as it emphasizes on instilling an agile mindset, rather than just familiarizing participants with agile terminology and practices. Our course offerings include comprehensive mindset training, agile coaching, and negotiation skills training under a certified agile leadership program. We focus on agile transformation strategy and communication strategies that can be applied directly to workplace scenarios. You'll leave with not just an agile certification, but the capability to drive agile transformation within your organization.



## Training Course Categories



**Finance and  
Accounting Training  
Courses**



**Agile PM and Project  
Management Training  
Courses**



**Certified Courses By  
International Bodies**



**Communication and  
Public Relations  
Training Courses**



**Data Analytics Training  
and Data Science  
Courses**



**Environment &  
Sustainability Training  
Courses**



**Governance, Risk and  
Compliance Training  
Courses**



**Human Resources  
Training and  
Development Courses**



**IT Security Training & IT  
Training Courses**



**Leadership and  
Management Training  
Courses**



**Legal Training,  
Procurement and  
Contracting Courses**



**Maintenance Training  
and Engineering  
Training Courses**



# Training Course Categories



**Marketing, Customer Relations, and Sales Courses**



**Occupational Health, Safety and Security Training Courses**



**Oil & Gas Training and Other Technical Courses**



**Personal & Self-Development Training Courses**



**Quality and Operations Management Training Courses**



**Secretarial and Administration Training Courses**





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## Training Cities



**Accra - Ghana**



**Amman - Jordan**



**Amsterdam - Netherlands**



**Baku - Azerbaijan**



**Bali - Indonesia**



**Bangkok - Thailand**



**Barcelona - Spain**



**Cairo - Egypt**



**Cape town - South Africa**



**Casablanca - Morocco**



**Doha - Qatar**



**Dubai - UAE**



**Geneva - Switzerland**



**Istanbul - Turkey**



**Jakarta - Indonesia**



**Johannesburg - South Africa**



# Training Cities



**Kuala Lumpur - Malaysia**



**Langkawi - Malaysia**



**London - UK**



**Madrid - Spain**



**Manama - Bahrain**



**Milan - Italy**



**Nairobi - Kenya**



**Paris - France**



**Phuket - Thailand**



**Prague - Czech Republic**



**Rome - Italy**



**Sharm El-Sheikh - Egypt**



**Tbilisi - Georgia**



**Tokyo - Japan**



**Vienna - Austria**



**Zanzibar - Tanzania**



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# Training Cities



**Zoom - Online  
Training**

# WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

## OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

## OUR MISSION

We are dedicated to developing value-adding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

## WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.



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## CONTACT US

 UAE, Dubai Investment Park First

 +971585964727  
+447700176600

 [sales@agile4training.com](mailto:sales@agile4training.com)