



Life Coaching and The 7 Habits of Highly Effective People Training



AGILE LEADERS
Training Center



Life Coaching and The 7 Habits of Highly Effective People Training

'The 7 Habits of Highly Effective People' Overview:

This engaging corporate training course, 'The 7 Habits of Highly Effective People', offers a unique blend of life coaching courses, life skills training, and practical exercises that revolve around the time-tested principles of personal and professional effectiveness. Through this course, participants will delve into a transformative journey that combines the best of life coach training, communication skills courses, and self-improvement strategies. By introducing the famous 7 habits, we aim to bridge the gap between fundamental life skills, negotiation prowess, and personal effectiveness.

Target Audience:

This course is designed for:

- Team Leaders and Managers seeking advanced interpersonal skills
- Executives aiming to boost their negotiation skills training
- Employees at all levels seeking personal effectiveness
- Individuals interested in self-development courses or self-improvement
- Professionals looking to earn a soft skills certificate

Targeted Organizational Departments:

The course benefits multiple departments, including:

- Human Resources, for improved interpersonal communication and life skills training
- Sales and Marketing, for enhanced negotiations skills training
- Management and Leadership, for enriched life coaching courses and personal effectiveness strategies
- Personal Development and Training, for comprehensive life skills training and self-improvement courses

Targeted Industries:

Industries that would benefit from this course include:

- IT and Software Development, where communication skills and personal effectiveness are crucial
- Retail and Sales, where negotiations skills training can significantly boost performance
- Healthcare and Education, where life skills and interpersonal skills are paramount
- Consultancy Services, for the requirement of enriched life coaching skills and self-improvement strategies

Course Offerings:

By the end of this course, participants will be able to:

- Apply the principles and lessons from 'The 7 Habits of Highly Effective People' in their professional and personal life
- Employ interpersonal and negotiation skills learned through our communication skills course
- Utilize principles of personal vision, leadership, and management as life skills
- Understand and apply empathic communication and creative cooperation strategies
- Develop a holistic approach towards self-improvement and personal effectiveness

Training Methodology:

Our training methodology integrates various interactive and collaborative methods like case studies, group work, interactive sessions, and feedback sessions. We utilize an amalgamation of traditional life coach training methodologies and modern skills training tools. Practical exercises and real-life scenarios play a crucial part in our life skills training. This approach ensures not only the learning of new skills but also their practical application, leading to tangible improvements in personal effectiveness.

Course Toolbox:

Participants will be provided with various tools and resources, including:

- A workbook covering all seven habits and related exercises
- Access to online resources for life skills training and self-improvement
- Reading materials related to life coaching, communication skills, and interpersonal skills
- Checklists and templates for personal and professional development
- Certificate upon completion soft skills certificate



Course Agenda:

Day 1: Paradigms and Principles - Inside-out & The Seven Habits Overview

- Topic 1: Introduction to paradigms and principles of life coaching courses
- Topic 2: An inside-out approach: how self-development and life skills training influence personal effectiveness
- Topic 3: The Seven Habits: an overview derived from self-improvement course perspectives
- Reflection & Review: Recap of the day's learnings, group discussions, and personal reflections

Day 2: Private Victory - Habits 1, 2 & 3

- Topic 1: Habit 1 - Be proactive: Principles of personal vision from life coach training
- Topic 2: Habit 2 - Begin with the end in mind: Principles of personal leadership through a communication skills course lens
- Topic 3: Habit 3 - Put first things first: Understanding principles of personal management with insights from self-discipline training courses
- Reflection & Review: Recap of the day's learnings, interactive exercises, and individual reflections

Day 3: Public Victory - Paradigms of Interdependence & Habits 4 & 5

- Topic 1: Exploring paradigms of interdependence: a fundamental concept in life skills training and interpersonal skills development
- Topic 2: Habit 4 - Think win/win: Principles of interpersonal leadership, enhancing negotiation skills training
- Topic 3: Habit 5 - Seek first to understand, then to be understood: Embracing principles of empathic communication in the context of a communication skills course
- Reflection & Review: Recap of the day's learnings, group discussions, and sharing of personal insights



Day 4: Public Training Course Categories

- Topic 1: Habit 6 – Synergize: Exploring principles of creative cooperation through life coaching course and discussions on dynamics
 - Topic 2: Habit 7 – Create Win-Win: Applying the concept of win-win to relationships and negotiating skills
 - Topic 3: Conclusion: Reflection on the complete journey of 'The 7 Habits of Highly Effective People' course and discussions on future application
- Reflection & Review: Course wrap-up, feedback session, and discussion on future learning paths



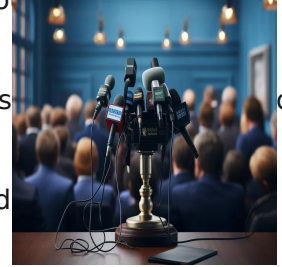
Accounting Training Courses



Management Training Courses

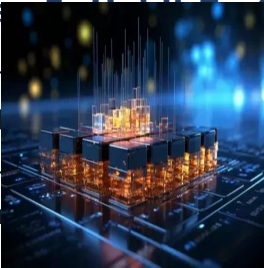


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Public Relations Training Courses

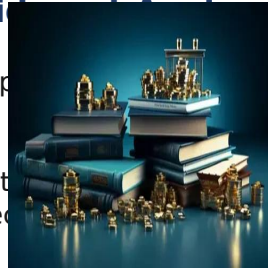
- Topic 1: Habit 1 – Be Proactive: Sharpening the mental edge through life coaching course and discussions on methods
 - Topic 2: Habit 2 – Begin with the End in Mind: Visualizing the future through life coaching course and discussions on overall impact
 - Topic 3: Conclusion: Reflection on the complete journey of 'The 7 Habits of Highly Effective People' course and discussions on future application
- Reflection & Review: Course wrap-up, feedback session, and discussion on future learning paths



Data Analytics Training and Data Science Courses



Environment & Sustainability Training Courses



Governance, Risk and Compliance Training Courses



Human Resources Training and Development Courses

How This Course is Different from Other Self Development Courses

- Our course is unique in its application of the 7 Habits of Highly Effective People to the business world, providing a practical framework for personal and professional growth.
- The course is designed to be a transformative experience, offering a structured yet flexible approach to learning and development.
- The course is delivered by experienced trainers who are experts in the field of personal and professional development.
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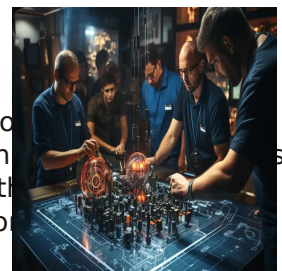
IT Security Training & IT Training Courses



Leadership and Management Training Courses



Legal Training, Procurement and Contracting Courses



Maintenance Training and Engineering Training Courses



Training Course Categories



Marketing, Customer Relations, and Sales Courses



Occupational Health, Safety and Security Training Courses



Oil & Gas Training and Other Technical Courses



Personal & Self-Development Training Courses



Quality and Operations Management Training Courses



Secretarial and Administration Training Courses



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Training Cities



**Kuala Lumpur -
Malaysia**



**Langkawi -
Malaysia**



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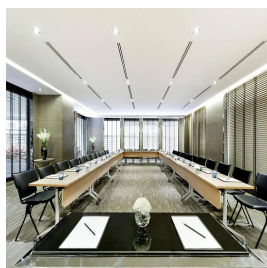
Madrid - Spain



Manama - Bahrain



Milan - Italy



Nairobi - Kenya



Paris - France



Phuket - Thailand



**Prague - Czech
Republic**



Rome - Italy



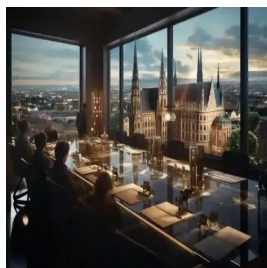
**Sharm El-Sheikh -
Egypt**



Tbilisi - Georgia



Tokyo - Japan



Vienna - Austria



Zanzibar - Tanzania



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**Zoom - Online
Training**

WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

OUR MISSION

We are dedicated to developing value-adding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.



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