

# PLAB 1 and PLAB 2 Exam Preparation Training Course

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# PLAB 1 and PLAB 2 Exam Preparation Training Course

## Overview

PLAB 1 and PLAB 2 Exam Preparation Training Course is a one-week intermediate course for international medical graduates who leave with a PLAB Clinical Preparation Portfolio. Participants connect single-best-answer reasoning with OSCE communication, clinical examination, safe patient-centred decisions, and professional conduct. The course uses common acute and chronic presentations, structured case analysis, simulated encounters, and feedback without claiming eligibility or exam success. Agile Leaders Training Center delivers this course in PLAB exam preparation.

## Who Should Attend

- International medical graduates responsible for preparing applied clinical knowledge for PLAB 1
- Doctors preparing communication and examination skills for PLAB 2 scenarios
- Graduates responsible for aligning clinical decisions with Good medical practice
- Candidates organizing revision across acute, chronic, ethical, and communication cases
- Clinicians seeking structured feedback on simulated patient encounters

The course assumes medical qualification-level clinical knowledge and leaves out eligibility assessment, registration advice, result prediction, and replacement of supervised clinical training.

## Departments and Industries

The course supports medical graduates and learning teams involved in clinical assessment preparation.

- Hospitals and clinical training departments
- Medical schools and graduate support units
- Healthcare education and simulation centers
- Clinical skills laboratories and teaching practices
- Professional development and examination-preparation providers

## Learning Objectives

By the end of this course, participants will be able to:

- Apply single-best-answer reasoning to clinical vignettes.
- Prioritize safe assessment and management options.
- Use patient-centred consultation structures.
- Analyze ethical and professional dilemmas.
- Build structured OSCE examination and explanation routines.

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- Evaluate performance with a case-feedback rubric.

## Course Agenda

### Day 1: Navigate PLAB Assessment

- PLAB 1 and PLAB 2 Assessment Pathway Map
- Single-Best-Answer Clinical Reasoning Grid
- OSCE Scenario Task Interpretation Method
- Good Medical Practice Decision Lens
- Personal Preparation Gap Tracker

### Day 2: Reason Through Clinical Presentations

- Acute Presentation Priority Checklist
- Chronic Condition Review Framework
- Investigation Interpretation Decision Table
- Differential Diagnosis Ranking Method
- Safe Management and Escalation Algorithm

### Day 3: Communicate with Patients

- Patient-Centred Consultation Structure
- Information-Gathering Question Funnel
- Explanation and Shared Decision Aid
- Difficult News Communication Sequence
- Language and Communication Needs Checklist

### Day 4: Perform and Act Professionally

- Focused Clinical Examination Sequence
- Mental State Examination Structure
- Consent and Capacity Decision Checklist
- Confidentiality and Candour Case Matrix
- Colleague Handover and Escalation Format

### Day 5: Practice Integrated Cases

- Suggested Exercise: Solve Timed Single-Best-Answer Cases
- Suggested Exercise: Conduct a Focused Consultation
- Suggested Exercise: Explain a Management Decision
- Suggested Exercise: Review an Ethical Communication Scenario
- Capstone Exercise: Complete a PLAB Clinical Preparation Portfolio

## Practical Exercises

The course uses suggested activities with fictional cases and simulated patients.

- Suggested activity: rank diagnoses and safe next steps from a short acute-care vignette.
- Suggested activity: conduct a consultation that identifies concerns and communication needs.
- Suggested activity: explain risks, options, and follow-up using patient-centred language.
- Suggested activity: score an OSCE response and record targeted improvement actions.

## FAQs

### Who suits PLAB 1 and PLAB 2 exam preparation, and what does it assume?

International medical graduates preparing for the two PLAB assessment formats suit the course. It assumes medical qualification-level knowledge and readiness to practise clinical reasoning, communication, and examination skills.

### How does PLAB exam preparation differ from a general clinical revision course?

PLAB exam preparation connects clinical knowledge to single-best-answer decisions, simulated consultations, professional conduct, and structured feedback, while general clinical revision may focus mainly on subject knowledge.

### What is the difference between PLAB 1 and PLAB 2 preparation?

PLAB 1 preparation emphasizes applied knowledge and single-best-answer reasoning, while PLAB 2 preparation emphasizes simulated clinical encounters, communication, examination, and safe management decisions.

### How should PLAB candidates approach patient-centred communication?

PLAB candidates should identify the patient's concerns, gather relevant information, adapt to communication needs, explain options clearly, support informed decisions, and confirm a safe follow-up plan.

### Does PLAB exam preparation determine eligibility or exam results?

No. PLAB exam preparation develops structured practice and feedback but does not determine eligibility, replace official requirements or supervised clinical learning, or determine an examination result.

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## Conclusion

Participants take back a PLAB Clinical Preparation Portfolio. It combines reasoning grids, case decisions, consultation structures, examination sequences, professional scenarios, feedback records, and a targeted revision plan. The portfolio helps candidates organize applied knowledge and simulated clinical practice while keeping patient safety, communication, and professional judgment central.

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