

Sustainable Project Management Foundations Training Course

AGILE LEADERS
Training Center

AGILE LEADERS
Training Center

Sustainable Project Management Foundations Training Course

Overview

Sustainable Project Management Foundations Training Course is a one-week course for project managers, coordinators, and sustainability professionals who leave with a Sustainable Project Delivery File. Participants connect project governance, P5 impact analysis, PRiSM lifecycle practices, stakeholder priorities, sustainability targets, delivery controls, and benefits evidence. The course addresses the gap between sustainability commitments and traceable project decisions through practical artifacts for environmental, social, and economic outcomes. Agile Leaders Training Center delivers this course in sustainable project management foundations.

Who Should Attend

- Project teams responsible for scope, schedule, risk, governance, and delivery decisions
- Sustainability teams responsible for material impacts, targets, evidence, and reporting inputs
- PMO teams responsible for methods, gates, assurance, and portfolio consistency
- Business-case teams responsible for benefits, value, and investment assumptions
- Operations teams responsible for transition, adoption, and post-project outcomes

The course assumes participants contribute to project or sustainability decisions and leaves out detailed environmental engineering, green finance structuring, and jurisdiction-specific compliance.

Departments and Industries

The course supports departments that plan, govern, deliver, and evaluate projects across public, commercial, infrastructure, technology, and service environments.

- Project and program management offices
- Sustainability and ESG functions
- Engineering, construction, and infrastructure delivery
- Technology and digital transformation
- Operations, facilities, and supply chains

Learning Objectives

By the end of this course, participants will be able to:

- Apply sustainable project management principles to governance decisions.
- Use P5 impact analysis to identify material effects.
- Build a Sustainability Management Plan with owners and measures.
- Analyze stakeholder needs across People, Planet, and Prosperity.
- Prioritize lifecycle controls using the PRiSM method.
- Evaluate benefits and impact evidence after delivery.

Course Agenda

Day 1: Frame Sustainable Project Value

- Sustainable Project Management Context Map
- People, Planet, and Prosperity Value Lens
- Project Purpose and Benefits Logic Model
- Stakeholder Sustainability Expectations Register
- ISO 21502 Project Governance Baseline

Day 2: Analyze Material Impacts

- P5 Standard Impact Categories Map
- Product and Process Impact Boundary
- Materiality Screening Criteria Matrix
- P5 Impact Analysis Scoring Method
- Impact Ownership and Escalation Register

Day 3: Plan Sustainability Commitments

- PRiSM Six-Phase Lifecycle Map
- Sustainability Management Plan Structure
- Impact Targets and Measurement Sheet
- Sustainable Procurement Decision Criteria
- Risk, Opportunity, and Trade-Off Log

Day 4: Govern Delivery and Benefits

- Sustainability Gate Review Checklist
- Change Control Impact Test
- Delivery Evidence and Verification Register
- Benefits Realization Measurement Plan
- Project Sustainability Reporting Pack

Day 5: Practice Sustainable Project Decisions

- Suggested Exercise: Screen a Digital Project with P5
- Suggested Exercise: Set Infrastructure Impact Thresholds
- Suggested Exercise: Test a Change through PRiSM Gates
- Suggested Exercise: Review Benefits and Outcome Evidence
- Capstone Exercise: Complete a Sustainable Project Delivery File

Practical Exercises

The course uses suggested activities based on fictional infrastructure, technology, service, and operations cases.

- Suggested activity: map material impacts and affected stakeholders for a digital transformation project.
- Suggested activity: define targets, owners, thresholds, and evidence for an infrastructure case.
- Suggested activity: evaluate a delivery change against sustainability commitments and benefits.
- Suggested activity: assemble governance, impact, planning, and verification records into one decision file.

FAQs

Who suits sustainable project management foundations training, and what does it assume?

Sustainable project management foundations training suits project managers, coordinators, PMO teams, sustainability professionals, and operations stakeholders. It assumes participants already contribute to project planning, governance, delivery, or impact decisions.

How does sustainable project management differ from general project management training?

Sustainable project management adds structured environmental, social, and economic impact analysis, commitments, thresholds, evidence, and post-project benefits checks to established project governance and delivery practices.

What are P5 and PRiSM in sustainable project management?

P5 organizes project impacts across People, Planet, and Prosperity for both products and processes. PRiSM provides a phased method for carrying those impacts, commitments, and evidence from project framing through benefits realization.

AGILE LEADERS
Training Center

What belongs in a Sustainability Management Plan?

A Sustainability Management Plan records material impacts, agreed targets, accountable owners, decision thresholds, monitoring methods, verification evidence, changes, and achieved outcomes across the project lifecycle.

How are sustainable project benefits evaluated?

Sustainable project benefits are evaluated against defined baselines, targets, ownership, timing, evidence sources, and outcome measures, including checks after delivery when operational benefits can be observed.

Conclusion

Participants take back a Sustainable Project Delivery File. It combines value logic, stakeholder expectations, P5 impact analysis, sustainability commitments, PRiSM gates, delivery evidence, and benefits measures. The file helps teams make traceable decisions and connect sustainability intentions with project governance, delivery, and post-project outcomes.

AGILE LEADERS
Training Center

Training Course Categories

- Agile PM and Project Management Training Courses
- Agribusiness & Food Security Training Courses
- Aviation Management and Operations Training Courses
- Certified Courses By International Bodies
- Communication and Public Relations Training Courses
- Crisis Management and Business Continuity Training Courses
- Data Analytics Training and Data Science Courses
- Digital Government & Public Service Training Courses
- Education and Learning Development Training Courses
- Environment & Sustainability Training Courses
- Facilities and Real Estate Training Courses
- Finance and Accounting Training Courses
- Governance, Risk and Compliance Training Courses
- Healthcare Management Training Courses
- Heritage Conservation and Museum Management Training Courses
- Hospitality and Tourism Training Courses
- Human Resources Training and Development Courses
- IT Security Training & IT Training Courses
- Leadership and Management Training Courses
- Legal Training, Procurement and Contracting Courses
- Maintenance Training and Engineering Training Courses
- Marketing, Customer Relations, and Sales Courses
- NGO, Humanitarian and Development Management Training Courses
- Occupational Health, Safety and Security Training Courses
- Oil & Gas Training and Other Technical Courses
- Personal & Self-Development Training Courses

AGILE LEADERS
Training Center

Training Course Categories

- Quality and Operations Management Training Courses
- Secretarial and Administration Training Courses
- Shipping, Maritime and Ports Training Courses

AGILE LEADERS
Training Center

Training Cities

Abu Dhabi UAE	**Accra** Ghana	**Addis Ababa** Ethiopia
Amman Jordan	**Amsterdam** Netherlands	**Athens** Greece
Baku Azerbaijan	**Bali** Indonesia	**Bangkok** Thailand
Barcelona Spain	**Berlin** Germany	**Cairo** Egypt
Cape town South Africa	**Casablanca** Morocco	**Chicago** USA
Doha Qatar	**Dubai** UAE	**Frankfurt** Germany
Geneva Switzerland	**Istanbul** Turkey	**Jakarta** Indonesia
Johannesburg South Africa	**Kuala Lumpur** Malaysia	**Kuwait** Kuwait
Lagos Nigeria	**Langkawi** Malaysia	**Lisbon** Portugal
London UK	**Madrid** Spain	**Manama** Bahrain
Marbella Spain	**Milan** Italy	**Montreux** Switzerland
Munich Germany	**Muscat** Oman	**Nairobi** Kenya

AGILE LEADERS
Training Center

Training Cities

New York USA	**Nice** France	**Paris** France
Phuket Thailand	**Port Louis** Mauritius	**Porto** Portugal
Prague Czech Republic	**Rome** Italy	**San Diego** USA
Seoul South Korea	**Sharm El-Sheikh** Egypt	**Singapore** Singapore
Tashkent Uzbekistan	**Tbilisi** Georgia	**Tokyo** Japan
Toronto Canada	**Trabzon** Turkey	**Vienna** Austria
Zanzibar Tanzania	**Zoom** Online Training	**Zurich** Switzerland