



Administrative Professionals and Executive Support Mastery Training Course

8 – 12 November 2026
Cape town

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Ref: 179_116556 **Date:** 8 – 12 November 2026 **Location:** Cape town **Fees:** 4500 Euro

Course Overview

Administrative Professionals and Executive Support Mastery Training Course is a five-day advanced course for administrative professionals, secretaries, personal assistants, and executive support staff, who leave with an Administrative Professional Operating Portfolio. Participants integrate role positioning, priority and workload control, communication, meetings, documents, stakeholder service, judgment, confidentiality, and professional effectiveness into a personal operating system. The course spans several support roles rather than one executive office. Administrative professional mastery is taught by Agile Leaders Training Center.

Who Should Attend

- Administrative support functions responsible for priorities, workflows, and service continuity
- Secretarial functions responsible for communication, meetings, correspondence, and records
- Personal assistance functions responsible for access, commitments, and stakeholder coordination
- Executive support functions responsible for anticipation, judgment, and confidential work
- Office coordination functions responsible for cross-team requests and workload visibility

The course assumes participants already perform administrative or executive-support work and leaves out foundation office procedures, organization-wide office management, and executive decision authority.

Departments and Industries

The course develops administrative professional mastery across corporate services, financial services, healthcare, education, hospitality, and public institutions.

- Corporate services and executive support
- Administrative functions in financial and professional services
- Leadership support in healthcare and education
- Office coordination in hospitality and retail operations
- Administrative services in public and nonprofit institutions

Learning Objectives

By the end of this course, participants will be able to:



- Analyze role expectations and service boundaries across support functions
- Prioritize commitments through a personal operating system
- Apply communication, meeting, and document assurance controls
- Use stakeholder service and managing-upward methods
- Evaluate confidentiality, judgment, workload, and escalation choices
- Build an Administrative Professional Operating Portfolio

Course Agenda

Day 1: Role Integration and Value

- Administrative Role Value Map
- Support Service Boundary Matrix
- Executive Expectation Alignment Canvas
- Professional Credibility Evidence Register
- Cross-Role Operating Gap Assessment

Day 2: Priorities and Workload Control

- Commitment Intake and Triage Grid
- Priority Conflict Resolution Matrix
- Workload Capacity and Deadline Board
- Anticipation and Forward-Look Checklist
- Interruption and Recovery Control Method

Day 3: Communication and Coordination

- Audience and Purpose Communication Planner
- Managing-Upward Briefing Template
- Meeting Readiness and Follow-Through Checklist
- Executive Correspondence Quality Grid
- Stakeholder Service Response Map

Day 4: Judgment and Professional Effectiveness

- Confidentiality and Discretion Decision Guide
- Administrative Judgment Scenario Matrix
- Access and Gatekeeping Response Framework
- Escalation Threshold and Handover Chart
- Personal Effectiveness Review Dashboard



Day 5: Administrative Mastery Practice

- Role Boundary and Expectation Exercise
- Priority and Workload Conflict Simulation
- Briefing and Stakeholder Response Exercise
- Confidentiality and Escalation Scenario Exercise
- Capstone Administrative Professional Operating Portfolio

Practical Exercises

The course uses suggested activities drawn from financial services, healthcare, hospitality, education, and corporate support settings.

- Suggested activity: reconcile conflicting requests across administrative and executive-support roles
- Suggested activity: build a forward look from commitments, dependencies, and stakeholder needs
- Suggested activity: prepare a concise managing-upward briefing and response route
- Suggested activity: resolve a confidentiality, access, and escalation scenario

FAQs

Who does the Administrative Professionals and Executive Support Mastery Training Course suit and what does it assume?

The course suits experienced administrative professionals, secretaries, personal assistants, and executive support staff who already handle recurring support work and need an integrated advanced operating system.

How does administrative professional mastery differ from foundation administrative skills?

Administrative professional mastery integrates priorities, workload, managing upward, stakeholder service, judgment, confidentiality, and cross-role coordination; foundation training concentrates on basic office tasks and procedures.

What belongs in an Administrative Professional Operating Portfolio?

An Administrative Professional Operating Portfolio contains role boundaries, expectation alignment, priority controls, workload views, communication plans, meeting and document checks, stakeholder routes, confidentiality choices, escalation paths, and effectiveness reviews.

How should administrative professionals manage conflicting priorities?

Administrative professionals should compare urgency, value, dependency, authority, effort, and service impact, then confirm tradeoffs, sequence commitments, communicate consequences, and maintain a visible forward look.



How should executive support staff manage upward without exceeding authority?

Executive support staff should use concise evidence, clear options, timely reminders, confirmed boundaries, and documented escalation while leaving the final decision with the authorized leader.

Conclusion

Participants take back an Administrative Professional Operating Portfolio connecting role value, priorities, workload, communication, meetings, documents, stakeholders, judgment, confidentiality, and escalation. It gives administrative work a repeatable operating rhythm across role boundaries. The portfolio improves service visibility and professional effectiveness without transferring executive authority.