

The Defensive Driving & Safety Training Course

28 December 2026 – 1 January 2027
Dubai

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Ref: 36173_13728 **Date:** 28 December 2026 – 1 January 2027 **Location:** Dubai **Fees:** 4500 Euro

The Defensive Driving & Safety Training Course Overview:

The "Defensive Driving & Safety Training Course" is an advanced driver safety training program, meticulously designed to equip participants with defensive driving techniques and a comprehensive understanding of vehicle occupant protection. This certified defensive driving course integrates practical skills in preventing collisions, driving hazard awareness, and the art of mindful driving practices. Emphasizing safety training for drivers, the course covers the stopping distance formula for cars, effective following distance, and strategies for accelerating and braking safely. Participants learn to navigate urban and rural driving challenges, understand the impacts of drugs on driving, and implement DUI prevention strategies. Unique to this course are modules on evasive maneuvers in driving, safe merging and freeway driving, and navigating intersections safely. It's a holistic approach to defensive driving, tailored for corporate driver safety programs, focusing on improving driver skills and awareness, promoting safe driving behavior, and enhancing driver safety and wellness.

Target Audience:

- Fleet Managers
- Corporate Drivers
- Safety Officers
- Logistic Coordinators
- Employee Transportation Supervisors

This course is ideal for professionals managing fleet driver safety training or involved in employee road safety training, helping bridge their skills gap in defensive driving techniques and enhancing career milestones in safety and compliance.

Targeted Organizational Departments:

- Transportation and Logistics
- Human Resources
- Health and Safety
- Fleet Management
- Employee Training and Development

These departments will benefit from the course by integrating defensive driving training programs into their safety protocols and fleet safety management.

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Targeted Industries:

- Logistics and Transportation
- Corporate Travel Management
- Construction and Heavy Machinery
- Public Transportation and School Busing
- Emergency and Health Services

These industries face unique challenges regarding defensive driving in bad weather, sharing roads with emergency vehicles, and the need for extensive auto emergency preparedness.

Course Offerings:

Participants will acquire skills and knowledge in:

- Key defensive driving techniques
- Effective strategies for preventable collision prevention
- Advanced driving safety tips for urban and rural environments
- Methods for safe merging and freeway driving
- Techniques for avoiding head-on collisions and evasive maneuvers in driving

Training Methodology:

The course employs a blend of interactive defensive driving classes, case studies in defensive driving, and comprehensive driving safety curriculum. Emphasis is on experiential learning, where participants engage in practical sessions on driving safety training for managers, vehicle safety compliance training, and navigating commute traffic safety. The methodology includes virtual defensive driving workshops, driver risk assessment training, and driving hazard recognition training, ensuring a deep and lasting understanding of the concepts.

Course Toolbox:

- Defensive Driving Techniques Course Workbook
- Online Road Safety Awareness Course Access
- Fleet Driver Safety Training Checklists
- Vehicle Safety Checklists and Compliance Templates
- Case Studies and Real-World Scenarios for Practice

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Course Agenda:

Day 1: Introduction to Defensive Driving and Safety Basics

- **Topic 1:** Why You Should Improve Your Driving Skills - Emphasizing the Importance
- **Topic 2:** Understanding What Defensive Driving Is - Principles and Practices
- **Topic 3:** Which Driver Are You? - Self-Identification and Behavioral Analysis
- **Topic 4:** Five Characteristics of a Defensive Driver - Building Essential Traits
- **Topic 5:** What Is a Preventable Collision? - Understanding and Avoidance
- **Reflection & Review:** Revisiting Key Defensive Driving Concepts and Personal Reflections

Day 2: Core Techniques for Safe Driving

- **Topic 1:** Mastering the Stopping Distance Formula for Cars
- **Topic 2:** How Close Is Too Close? - Judging Safe Following Distances
- **Topic 3:** The Art of Scanning the Road - Effective Observation Techniques
- **Topic 4:** Accelerating and Braking Safely - Controlling Vehicle Dynamics
- **Topic 5:** Passing and Being Passed - Safe Overtaking Practices
- **Reflection & Review:** Analyzing Day's Learnings and Practical Implications

Day 3: Advanced Driving Strategies and Hazard Prevention

- **Topic 1:** Strategies to Avoid Head-On Collisions
- **Topic 2:** Merging Into Freeway Traffic - Techniques for Safe Integration
- **Topic 3:** Navigating Intersections Safely - Avoiding Common Pitfalls
- **Topic 4:** Understanding the Dangers of Speed - Risk Mitigation
- **Topic 5:** Evasive Maneuvers - Practical Skills for Sudden Hazards
- **Reflection & Review:** Group Discussion on Advanced Driving Techniques

Day 4: Driving in Challenging Conditions and Maintaining Wellness

- **Topic 1:** Your Body, Your Mind & Your Driving - Impact on Performance
- **Topic 2:** Consequences of Driving Under the Influence - Awareness and Prevention
- **Topic 3:** Tackling Bad Weather Driving - Skills for Adverse Conditions
- **Topic 4:** Urban vs. Rural Driving Hazards - Adapting to Different Environments
- **Topic 5:** Surviving Rush Hour - Strategies for Heavy Traffic
- **Reflection & Review:** Reflecting on Personal Health and Driving in Different Conditions

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Day 5: Safety Management, Emergency Responses, and Special Considerations

- **Topic 1:** Parking and Delivering Safely - End-point Safety Measures
- **Topic 2:** Considerations for Driving Large Vehicles - Special Techniques
- **Topic 3:** Handling Auto Emergencies - Collision, Blowout, Brake Failure
- **Topic 4:** Defensive Driving Case Studies - Real-world Application
- **Topic 5:** Fleet Safety Management - Organizational Safety Strategies
- **Reflection & Review:** Final Review and Integrating Safety Practices into Daily Driving

How This Course is Different from Other Defensive Driving Courses:

The "Defensive Driving & Safety Training Course" stands out due to its holistic approach, combining theoretical knowledge with practical application. Unlike standard defensive driving training programs, this course delves deep into topics like mindful driving practices, the psychological impacts of drugs on driving, and advanced techniques for vehicle occupant protection. Tailored specifically for corporate contexts, it addresses the unique challenges faced by fleet driver safety training, including handling large vehicles and navigating diverse urban and rural environments. The course's interactive format, encompassing virtual workshops, real-world case studies, and comprehensive driving safety curriculums, ensures that participants are not just passive recipients of information but active learners. This course is a benchmark in driving safety training for managers, emphasizing customized driver safety training that resonates with the everyday experiences of corporate drivers.