



Assisted Living Elderly Care Management Course

20 – 24 December 2026
Cape town

Assisted Living Elderly Care Management Course

Ref: 964_173528 **Date:** 20 – 24 December 2026 **Location:** Cape town **Fees:** 4500 Euro

Overview

Assisted Living Elderly Care Management Course is a 1-week course for care managers, coordinators, nursing supervisors, resident-services leaders, and quality teams who leave with a Resident Care Governance Plan. Participants connect person-centered planning, safeguarding, medication coordination, mobility, falls, dementia support, nutrition, family communication, incidents, staffing, and quality. Agile Leaders Training Center delivers this course on assisted living elderly care management.

Who Should Attend

- Teams responsible for resident assessment and care planning.
- Functions responsible for nursing supervision and health coordination.
- Teams responsible for safeguarding, mobility, nutrition, and dementia support.
- Functions responsible for family communication and resident services.
- Leaders responsible for staffing, quality, incidents, and service governance.

The course assumes participants contribute to elderly-care operations and leaves out clinical diagnosis, prescribing, and jurisdiction-specific legal advice.

Departments and Industries

The course supports elderly-care management across assisted living, long-term care, healthcare, social care, rehabilitation, and community services.



- Assisted living and long-term care
- Nursing and health coordination
- Rehabilitation, mobility, and nutrition
- Resident services and family engagement
- Quality, safeguarding, and workforce management

Learning Objectives

By the end of this course, participants will be able to:

- Build person-centered resident care plans.
- Apply safeguarding and medication-coordination controls.
- Analyze mobility, falls, nutrition, and dementia-support needs.
- Use family communication and incident-response methods.
- Evaluate staffing, service quality, and resident outcomes.
- Develop a Resident Care Governance Plan.



Course Agenda

Day 1: Resident Assessment and Planning

- Person-Centered Resident Profile
- Functional Ability Assessment Map
- Resident Goals and Preferences Register
- Integrated Care Coordination Plan
- Care Review and Escalation Schedule

Day 2: Safety and Health Coordination

- Safeguarding Concern Triage Matrix
- Medication Coordination Checklist
- Falls Risk Screening and Action Plan
- Mobility Support and Transfer Review
- Health Change Observation and Referral Log



Day 3: Dementia, Nutrition, and Daily Support

- Dementia-Supportive Care Planning Method
- Behavior and Distress Observation Chart
- Nutrition and Hydration Risk Screen
- Daily Living Support Plan
- Resident Dignity and Choice Checklist

Day 4: Families, Incidents, and Quality

- Family Communication and Consent Map
- Care Incident Response Workflow
- Resident Feedback and Concern Register
- Staffing Coverage and Competency Matrix
- Resident Care Quality Scorecard

Day 5: Care Governance Practice

- Suggested Exercise: Resident Care Plan Review
- Suggested Exercise: Falls and Medication Coordination Case
- Suggested Exercise: Dementia and Nutrition Support Decision
- Suggested Exercise: Incident and Staffing Review
- Capstone Exercise: Resident Care Governance Plan



Practical Exercises

The course uses suggested activities to connect resident needs, care controls, communication, incidents, staffing, and quality decisions.

- Suggested activity: build a person-centered care plan from functional, social, and preference evidence.
- Suggested activity: coordinate responses to medication, falls, mobility, and health-change risks.
- Suggested activity: plan dementia-supportive daily care, nutrition, hydration, and family communication.
- Suggested activity: review an incident and prioritize staffing, safeguarding, and quality actions.

FAQs

Who suits assisted living elderly care management training, and what does it assume?

Care managers, coordinators, nursing supervisors, resident-services leaders, and quality teams suit the training. It assumes involvement in elderly-care operations and excludes clinical diagnosis, prescribing, and jurisdiction-specific legal advice.

How does assisted living elderly care management differ from clinical geriatric training?

Assisted living elderly care management coordinates care plans, safety, daily support, families, staffing, incidents, and quality; clinical geriatric training focuses on medical assessment, diagnosis, and treatment.

What supports person-centered elderly care planning?

Person-centered planning uses resident goals, preferences, functional ability, health and social needs, risks, family input, care-team evidence, review dates, and escalation routes.

How should assisted living quality be monitored?

Quality is monitored through care-plan reviews, falls, medication issues, nutrition, incidents, safeguarding concerns, resident feedback, family communication, staffing coverage, referrals, and outcome trends.



Conclusion

Participants take back a Resident Care Governance Plan linking assessment, care planning, safeguarding, coordination, daily support, families, incidents, staffing, and quality. The plan makes responsibilities, evidence, escalation, and review points visible. It supports coordinated decisions across care, nursing, resident services, quality, and leadership teams.