Advanced Display Screen Equipment Assessment Training Course

13 – 17 December 2026
Cape town

AGILE LEADERS
Training Center

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Ref: 1321_197647 **Date:** 13 – 17 December 2026 **Location:** Cape town **Fees:** 4500 Euro

Overview

Advanced Display Screen Equipment Assessment Training Course is a one-week course for safety practitioners, facilities teams, workplace assessors, and people managers who leave with a DSE Workstation Assessment and Improvement Plan. Participants connect workstation layout, posture, visual conditions, work organization, individual needs, hybrid arrangements, and action tracking. The approach turns observation and user evidence into proportionate ergonomic risk controls. Agile Leaders Training Center presents display screen equipment assessment as an evidence-led workplace discipline.

Who Should Attend

- Teams responsible for occupational health and ergonomic risk controls
- Functions responsible for workplace, furniture, and equipment arrangements
- Assessors responsible for reviewing screen-based workstations
- Managers responsible for remote and hybrid working conditions
- People functions responsible for adjustments and employee support

The course assumes participants already manage workplace health, facilities, or people processes, and it leaves out clinical diagnosis and product engineering.

Departments and Industries

The course supports departments and industries with sustained screen-based work in office, home, operational, or service settings.

- Health, safety, and occupational health functions
- Facilities, workplace, and corporate real estate teams
- Technology, financial, and professional services
- Education, healthcare, and public service offices
- Human resources and hybrid-work operations

Learning Objectives

By the end of this course, participants will be able to:

- Analyze display screen equipment tasks and user needs
- Apply workstation layout and neutral-posture principles
- Evaluate musculoskeletal, visual, and environmental risks
- Build office and hybrid DSE assessment records
- Prioritize adjustments and work-organization controls
- Diagnose follow-up and assurance gaps

Course Agenda

Day 1: Assessment Scope and User Evidence

- DSE User and Task Classification Matrix
- Whole-Workstation Assessment Boundary Map
- User Interview and Discomfort Evidence Guide
- Individual Requirement and Adjustment Record
- Assessment Trigger and Review Decision Tree

Day 2: Layout, Posture and Components

- ISO 9241-5 Workstation Layout Review Framework
- Neutral Body Positioning Observation Method
- Chair, Desk, and Support Adjustment Checklist
- Monitor Height, Distance, and Viewing-Angle Grid
- Keyboard, Pointer, and Reach-Zone Assessment

Day 3: Visual, Environmental and Work Risks

- Lighting, Glare, and Reflection Inspection Map
- Visual Demand and Screen-Use Review Tool
- Repetition, Duration, and Static-Posture Profile
- Task Variation and Recovery Control Planner
- Early Discomfort Reporting and Escalation Flow

Day 4: Hybrid Adjustments and Assurance

- Home and Office Workstation Comparison Record
- Reasonable Adjustment Options Matrix
- Equipment Suitability and Procurement Checklist
- DSE Action Priority and Ownership Register
- Follow-Up Verification and Closure Dashboard

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Day 5: DSE Assessment Practice

- Exercise: User and Task Evidence Case
- Exercise: Workstation Layout and Posture Review
- Exercise: Visual and Work-Organization Risk Analysis
- Exercise: Hybrid Adjustment and Action Prioritization
- Capstone Exercise: DSE Workstation Assessment and Improvement Plan

Practical Exercises

The course uses suggested activities based on office, technology, healthcare, and hybrid-work scenarios.

- Suggested activity: interview a screen user and separate reported discomfort, task demands, and individual requirements.
- Suggested activity: inspect a workstation for posture, reach, viewing, lighting, and equipment-adjustment issues.
- Suggested activity: compare home and office arrangements and select proportionate controls with clear owners.
- Suggested activity: combine evidence, priorities, actions, and follow-up measures in one improvement plan.

FAQs

What is display screen equipment assessment?

Display screen equipment assessment examines the user, task, workstation, equipment, environment, and work organization to identify ergonomic risks and define practical improvements.

How should a DSE workstation assessment address posture?

A DSE workstation assessment should consider neutral positioning, support, reach, viewing angles, movement, and the user's ability to adjust components while performing actual tasks.

Who suits display screen equipment assessment training and what does it assume?

Display screen equipment assessment training suits experienced safety, facilities, workplace, people, and assessment practitioners. It assumes responsibility for screen-work arrangements or employee support.

How does advanced DSE assessment differ from basic ergonomics awareness?

Advanced DSE assessment integrates user evidence, assessor judgment, work organization, hybrid settings, adjustment decisions, ownership, and follow-up. Basic ergonomics awareness focuses mainly on recognizing common setup principles.

How should hybrid DSE workstation improvements be followed up?

Hybrid DSE workstation improvements should be recorded with the issue, agreed action, owner, priority, completion evidence, user feedback, and a review trigger for changed work conditions.

Conclusion

The course integrates user evidence, workstation layout, posture, visual conditions, work organization, hybrid arrangements, and assurance. Participants take back a DSE Workstation Assessment and Improvement Plan containing review tools, checklists, decision records, actions, and measures. The plan improves how organizations identify ergonomic risks, assign controls, support users, and verify completion.