



STCW Basic Safety Training For Seafarers

8 – 12 November 2026
Cape town

STCW Basic Safety Training For Seafarers

Ref: 1396_203107 **Date:** 8 - 12 November 2026 **Location:** Cape town **Fees:** 4500 Euro

Overview

STCW Basic Safety Training For Seafarers is a one-week foundation course for new and returning seafarers, deck and engine crew, hospitality crew, offshore personnel, and maritime employees who leave with a Shipboard Basic Safety Action Pack. Participants connect personal survival techniques, fire prevention and firefighting, elementary first aid, personal safety and social responsibilities, shipboard emergency duties, and safe work routines through practical scenarios. Agile Leaders Training Center presents STCW basic safety as foundation knowledge without a certification or approval claim.

Who Should Attend

- Personnel preparing to work or return to work onboard ships
- Deck and engine functions responsible for routine shipboard duties
- Hospitality and service crew requiring maritime safety foundations
- Offshore personnel who interface with vessel emergency arrangements
- Supervisors supporting induction, familiarization, and safe behavior
- Maritime employees requiring awareness of basic emergency roles

The course assumes participants are medically and physically able to join classroom and simulated safety activities and leaves out competency certification, advanced firefighting, and survival-craft command.

Departments and Industries

The course serves departments and maritime sectors whose personnel work onboard or support vessel operations.

- Merchant shipping, passenger vessels, and offshore support fleets
- Deck, engine, catering, and hotel-service departments
- Ports, terminals, marine logistics, and vessel services
- Offshore energy and marine-construction operations
- Ship management, crewing, and maritime training functions
- Yacht, ferry, and workboat operations

Learning Objectives

By the end of this course, participants will be able to:



- Apply shipboard alarms, muster, and emergency actions
- Use personal survival and abandonment controls
- Analyze fire hazards and initial response options
- Apply elementary first-aid priorities
- Use safe-work and communication practices
- Build a personal shipboard safety action plan

Course Agenda

Day 1: Shipboard Emergency Foundations

- STCW Basic Safety Subject Map
- Shipboard Alarm and Muster-List Guide
- Emergency Role and Reporting Chain Card
- Abandon-Ship Preparation Checklist
- Ship Familiarization and Escape-Route Map

Day 2: Personal Survival Techniques

- Lifejacket Inspection and Donning Sequence
- Immersion and Water-Entry Safety Method
- Survival-Craft Boarding Preparation Guide
- In-Water Group Survival Formation
- Rescue Signal and Detection Aid Review

Day 3: Fire Prevention and Firefighting

- Shipboard Fire Triangle and Spread Map
- Fire Hazard Observation Checklist
- Alarm, Isolation, and Boundary Control Sequence
- Portable Extinguisher Selection Matrix
- Smoke, Heat, and Escape Decision Guide

Day 4: First Aid and Safe Shipboard Work

- Elementary First-Aid Primary Survey
- Bleeding, Burn, and Shock Response Card
- Safe Lifting and Movement Risk Check
- Personal Safety and Social Responsibility Charter
- Fatigue, Communication, and Pollution Prevention Log



Day 5: Seafarer Basic Safety Practice

- Exercise: Respond to Alarms and Muster
- Exercise: Apply Personal Survival Actions
- Exercise: Select an Initial Fire Response
- Exercise: Conduct an Elementary First-Aid Survey
- Capstone Exercise: Shipboard Basic Safety Action Pack

Practical Exercises

The course uses suggested activities based on merchant ships, passenger vessels, offshore support vessels, and workboats.

- Suggested activity: interpret alarms, locate muster duties, identify escape routes, and prepare an abandon-ship response card.
- Suggested activity: inspect survival equipment and rehearse safe donning, water-entry, grouping, signaling, and boarding decisions in a controlled setting.
- Suggested activity: classify a shipboard fire, select an initial control, and decide when alarm, isolation, boundary control, or escape takes priority.
- Suggested activity: integrate survival, fire, first-aid, safe-work, communication, and pollution-prevention actions into the capstone pack.

FAQs

Who suits STCW basic safety training for seafarers, and what does it assume?

STCW basic safety training suits new and returning maritime personnel who need foundation knowledge of survival, fire response, first aid, personal safety, and social responsibilities.

How does STCW basic safety differ from advanced maritime emergency training?

STCW basic safety addresses individual foundation actions and awareness, while advanced maritime emergency training may cover leadership, command, specialized equipment, and higher-level response responsibilities.

Does this STCW basic safety course issue maritime certification?

This STCW basic safety course does not claim certification, approval, competency endorsement, or eligibility; participants should confirm formal requirements with the relevant maritime authority and employer.

What are the main STCW basic safety subject areas?

The main subject areas are personal survival techniques, fire prevention and firefighting, elementary first aid, and personal safety and social responsibilities.



Why are muster lists important in seafarer basic safety?

Muster lists assign emergency stations, duties, reporting relationships, alarms, and actions so crew can respond in an organized way when normal operations are disrupted.

Conclusion

The course connects alarms, muster, survival, fire response, elementary first aid, safe work, communication, fatigue, and pollution prevention. Participants take back a Shipboard Basic Safety Action Pack that organizes their personal emergency and safety actions. The pack helps seafarers recognize priorities, communicate clearly, and respond within assigned shipboard roles.