# Autism-Informed Mental Healthcare Training Course

17 – 21 May 2027
Vienna

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Training Center

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**Ref:** 1420_204832 **Date:** 17 – 21 May 2027 **Location:** Vienna **Fees:** 5700 Euro

## Overview

Autism-Informed Mental Healthcare Training Course is a one-week course for healthcare and mental-health professionals, service leaders, care coordinators, allied health teams, and education-health liaison functions who leave with an Autism-Informed Mental Healthcare Practice Dossier. Participants apply person-centered support, communication adjustments, sensory adaptations, co-occurring mental health formulation, risk planning, multidisciplinary care, and service improvement. Agile Leaders Training Center presents autism-informed mental healthcare as a coordinated practice discipline.

## Who Should Attend

- Healthcare functions responsible for accessible assessment, treatment pathways, and reasonable adjustments
- Mental-health functions responsible for co-occurring conditions, formulation, intervention adaptation, and review
- Care coordination functions responsible for multidisciplinary plans, referrals, and continuity
- Allied health functions responsible for communication, sensory, occupational, and functional support
- Education-health liaison functions responsible for transitions and shared support arrangements
- Clinical service functions responsible for safeguarding, quality, and autism-informed service design

The course assumes participants already support people across health, mental-health, social-care, or education settings and leaves out diagnostic certification, introductory clinical practice, and prescribing decisions.

## Departments and Industries

The course supports departments and industries responsible for mental-health access, coordinated care, safeguarding, and service quality.

- Hospitals, clinics, and community health services
- Mental-health, psychology, and behavioral health services
- Social care, disability support, and nonprofit organizations
- Schools, universities, and education support services
- Insurance, care-management, and employee-assistance services
- Public health, humanitarian health, and service-design teams

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## Learning Objectives

By the end of this course, participants will be able to:

- Analyze autism-related communication, sensory, environmental, and mental-health needs
- Apply person-centered and neurodiversity-informed practice principles
- Build co-occurring mental health formulation and reasonable-adjustment plans
- Evaluate risk, safeguarding, crisis, and transition requirements
- Use multidisciplinary coordination and care-planning tools
- Design autism-informed mental healthcare service improvements

## Course Agenda

### Day 1: Autism-Informed Practice and Context

- Person-Centered Partnership and Preference Map
- Neurodiversity-Informed Practice Principles Canvas
- Communication Profile and Accessible Information Plan
- Sensory and Environmental Needs Mapping Tool
- Autonomy, Consent, and Supported Decision Record

### Day 2: Mental Health Assessment and Formulation

- Co-Occurring Mental Health Condition Screening Map
- Autism-Informed Biopsychosocial Formulation Template
- Communication and Behavior Context Analysis
- Physical Health and Distress Differential Checklist
- Strengths, Protective Factors, and Support Network Map

### Day 3: Adjustments, Risk, and Crisis Support

- Reasonable Adjustment Planning Matrix
- Adapted Psychological Intervention Delivery Checklist
- Risk and Safeguarding Assessment Framework
- Crisis Trigger and Response Planning Template
- Health Passport and Essential Support Profile

### Day 4: Coordination and Service Improvement

- Multidisciplinary Care Coordination Map
- Shared Care Plan and Responsibility Matrix
- Transition Between Services Readiness Checklist
- Family, Carer, and Advocate Involvement Protocol
- Autism-Informed Service Improvement Scorecard

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## Day 5: Autism-Informed Mental Healthcare Practice

- Exercise: Build a Communication and Sensory Adjustment Plan
- Exercise: Develop a Co-Occurring Condition Formulation
- Exercise: Construct a Risk and Crisis Response Plan
- Exercise: Map Multidisciplinary Care and Transition Actions
- Capstone Exercise: Autism-Informed Mental Healthcare Practice Dossier

## Practical Exercises

The course uses suggested activities drawn from hospitals, community mental-health services, schools, disability support, and care coordination.

- Suggested activity: create a communication profile, sensory map, and reasonable-adjustment plan for an intake pathway.
- Suggested activity: develop a co-occurring mental health formulation using contextual, physical-health, and protective-factor evidence.
- Suggested activity: assemble risk, safeguarding, crisis, and transition actions for a multidisciplinary case.
- Suggested activity: evaluate a service pathway and prioritize autism-informed improvements in the capstone dossier.

## FAQs

### Who suits autism-informed mental healthcare training, and what does it assume?

Autism-informed mental healthcare training suits experienced professionals who support autistic people and already work with assessment, intervention, care coordination, safeguarding, education-health liaison, or service improvement.

### How does autism-informed mental healthcare differ from general autism awareness training?

Autism-informed mental healthcare applies communication, sensory, formulation, risk, care-planning, and service-adjustment tools, while general autism awareness training usually introduces characteristics, language, and broad inclusion principles.

### Why are communication adjustments important in autism-informed mental healthcare?

Communication adjustments make information, assessment, choices, and interventions more accessible by using clear language, preferred formats, visual support, pacing, and checks for shared understanding.

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## How does autism-informed mental healthcare address co-occurring conditions?

Autism-informed mental healthcare separates autism-related needs from possible mental or physical health changes, considers context and sensory factors, and adapts assessment, formulation, intervention delivery, monitoring, and coordination.

## What role does risk planning have in autism-informed mental healthcare?

Risk planning connects safeguarding, self-harm, self-neglect, exploitation, crisis triggers, environmental factors, support breakdown, responsibilities, and response actions in a person-centered plan.

## Conclusion

The course connects person-centered practice, communication, sensory needs, co-occurring mental health formulation, adjustments, safeguarding, crisis response, care coordination, transitions, and service improvement. Participants take back an Autism-Informed Mental Healthcare Practice Dossier. The dossier changes practice by making preferences, adaptations, risks, responsibilities, review points, and improvement actions explicit across services.