Advanced Mental Health Ethics and Legal Governance Training Course

7 – 11 December 2026
Athens

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Training Center

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Ref: 1450_207037 **Date:** 7 – 11 December 2026 **Location:** Athens **Fees:** 6700 Euro

Overview

Advanced Mental Health Ethics and Legal Governance Training Course is a one-week advanced course for mental-health service managers, clinical supervisors, healthcare administrators, quality and risk professionals, social-care leaders, and staff responsible for ethical governance. Participants leave with a Mental Health Ethics and Legal Governance Portfolio connecting dignity, autonomy, legal capacity, supported decision making, informed consent, confidentiality, information sharing, safeguarding, rights, least-restrictive practice, risk decisions, documentation, complaints, professional boundaries, ethics consultation, policy review, and accountability. Agile Leaders Training Center presents mental health ethics and legal governance through rights-based decision tools, with a clear method for checking the applicable jurisdiction rather than giving legal advice.

Who Should Attend

- Mental-health service managers responsible for ethical governance
- Clinical supervisors supporting complex multidisciplinary decisions
- Healthcare administrators responsible for policy and documentation
- Quality, risk, safeguarding, and complaint-management professionals
- Social-care leaders and rights-based service-improvement teams

The course assumes experience in mental-health, healthcare, social-care, quality, or governance roles. It does not provide jurisdiction-specific legal advice, clinical diagnosis, treatment instruction, or legal representation.

Departments and Industries

The course supports services where mental-health rights, ethical judgment, lawful process, safety, and accountability must be coordinated.

- Mental-health hospitals and community services
- General healthcare organizations with mental-health pathways
- Social-care, rehabilitation, and supported-living services
- Quality, risk, legal liaison, and clinical-governance departments
- Safeguarding, complaints, advocacy, and rights-monitoring functions

Learning Objectives

By the end of this course, participants will be able to:

- Analyze ethical and rights-based issues using a structured decision method
- Distinguish capacity, supported decision making, consent, and lawful authority questions
- Evaluate confidentiality and information-sharing decisions proportionately
- Apply safeguarding and least-restrictive-practice governance tools
- Document decisions, disagreement, escalation, and accountability clearly
- Review policy and service practice against rights-based governance criteria

Course Agenda

Day 1: Rights-Based Mental Health Governance

- Mental Health Rights and Governance Map
- Dignity, Autonomy, Equality, and Inclusion Checklist
- Ethical Principles and Competing Duties Matrix
- Jurisdiction and Policy Verification Method
- Rights-Based Service Governance Baseline

Day 2: Capacity, Consent, and Decision Support

- Decision-Specific Capacity Question Framework
- Supported Decision-Making Plan
- Informed Consent and Understanding Check
- Refusal, Disagreement, and Escalation Pathway
- Authority, Representation, and Documentation Record

Day 3: Confidentiality, Information Sharing, and Safeguarding

- Confidentiality Duty and Privacy Risk Map
- Purpose, Necessity, and Proportionality Test
- Information-Sharing Decision Record
- Safeguarding Concern and Escalation Matrix
- Multidisciplinary Communication Boundary Guide

Day 4: Least-Restrictive Practice and Accountability

- Restriction, Coercion, and Rights Impact Review
- Least-Restrictive Alternative Decision Tool
- Risk, Benefit, Voice, and Safeguard Balance Sheet
- Complaint, Advocacy, and Independent Review Pathway
- Professional Boundary and Accountability Audit

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Day 5: Ethical and Legal Governance Practice

- Exercise: Analyze a Capacity and Consent Dilemma
- Exercise: Decide a Confidentiality and Sharing Question
- Exercise: Review a Restrictive-Practice Scenario
- Exercise: Conduct an Ethics Consultation and Policy Review
- Capstone Exercise: Mental Health Ethics and Legal Governance Portfolio

Practical Exercises

The course uses governance scenarios from inpatient, outpatient, community, crisis, social-care, rehabilitation, and supported-living services.

- Suggested activity: structure a multidisciplinary ethical dilemma and identify rights, duties, evidence, and uncertainties.
- Suggested activity: document a consent, capacity, or supported-decision process and route unresolved questions.
- Suggested activity: apply necessity and proportionality to information sharing, safeguarding, or restriction.
- Suggested activity: audit a policy against rights, complaints, advocacy, review, documentation, and accountability criteria.

FAQs

Who suits mental health ethics and legal governance training?

It suits mental-health managers, supervisors, administrators, quality and risk professionals, social-care leaders, safeguarding teams, and staff responsible for policy or ethical governance.

Does the course provide legal advice?

No. It provides decision frameworks, documentation tools, escalation routes, and a jurisdiction-check method. Legal interpretation and representation remain with authorized advisers.

How does the course approach capacity and consent?

Participants separate decision-specific capacity questions from diagnosis, maximize support for decision making, check understanding and voluntariness, document the process, and escalate uncertainty through the applicable governance route.

How are confidentiality and safeguarding balanced?

Participants clarify purpose, authority, necessity, proportionality, minimum information, foreseeable harm, the person's voice, documentation, and review before selecting an information-sharing action.

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What practical outputs do participants complete?

Outputs include a rights map, ethical matrix, jurisdiction checklist, capacity framework, consent check, sharing record, safeguarding matrix, least-restrictive tool, accountability audit, and integrated governance portfolio.