



Advanced Healthcare Fall Risk Assessment and Prevention Training Course

3 – 7 October 2027
Nairobi

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Ref: 1454_207328 **Date:** 3 – 7 October 2027 **Location:** Nairobi **Fees:** 4500 Euro

Overview

Advanced Healthcare Fall Risk Assessment and Prevention Training Course is a one-week applied programme for nurses, allied health professionals, patient-safety leaders, quality teams, ward managers, rehabilitation staff, and healthcare educators. Participants build a Fall Prevention Programme Portfolio connecting screening, comprehensive multifactorial assessment, mobility and medication contributors, environmental risks, individualized prevention plans, communication, post-fall response, measurement, implementation, and governance. Agile Leaders Training Center distinguishes screening from prediction and comprehensive assessment, helping teams build coordinated prevention systems without replacing patient-specific clinical judgment.

Who Should Attend

- Nurses and allied health professionals
- Patient-safety and quality-improvement leaders
- Ward, unit, and service managers
- Rehabilitation, pharmacy, and mobility teams
- Healthcare educators and fall-prevention programme leads

The course assumes experience in healthcare delivery, safety, rehabilitation, quality, or education. It does not diagnose individuals, prescribe treatment, or replace local clinical policies and authorized professional decisions.

Departments and Industries

The course supports organizations implementing coordinated fall-risk assessment and prevention across care transitions and settings.

- Hospitals and ambulatory services
- Primary and community care
- Rehabilitation and long-term care
- Patient safety, quality, nursing, pharmacy, and therapy services
- Education, workforce development, and care-transition teams

Learning Objectives

By the end of this course, participants will be able to:



- Distinguish fall-risk screening, comprehensive assessment, and prediction
- Coordinate a multifactorial falls assessment across professional roles
- Translate identified contributors into an individualized prevention plan
- Communicate fall risk, safe mobility, and actions across transitions
- Structure post-fall review and recurrence-prevention learning
- Implement, measure, govern, and improve a healthcare fall-prevention programme

Course Agenda

Day 1: Fall-Risk Pathway and Programme Foundations

- Screen, Assess, Intervene, Follow Up, and Reassess Pathway
- Screening, Prediction, and Comprehensive Assessment Boundary
- Setting-Specific Fall-Prevention Process Map
- Programme Roles and Multidisciplinary Accountability Matrix
- Patient and Family Engagement Plan

Day 2: Comprehensive Multifactorial Assessment

- Fall History, Mobility, Gait, Strength, and Balance Review
- Medication and Orthostatic Contributor Review
- Vision, Cognition, Continence, Feet, and Footwear Check
- Environment, Equipment, and Access Hazard Review
- Assessment Findings and Escalation Record

Day 3: Individualized Prevention and Safe Mobility

- Risk-to-Action Individualized Prevention Plan
- Safe Mobility and Assistance Specification
- Environment and Equipment Modification Checklist
- Medication, Therapy, and Referral Coordination
- Patient Goals, Education, and Understanding Check

Day 4: Communication, Post-Fall Response, and Learning

- Handover and Care-Transition Fall-Risk Communication
- Observation, Documentation, and Plan Adherence Review
- Immediate Post-Fall Safety Response
- Post-Fall Review and Contributing-Factor Map
- Recurrence-Prevention Action and Follow-Up Plan



Day 5: Implementation, Measurement, and Governance

- Fall-Prevention Workflow Implementation Plan
- Staff Capability and Reliability Check
- Process, Outcome, and Balance Measure Dashboard
- Case Review, Feedback, and Improvement Cycle
- Capstone: Fall Prevention Programme Portfolio

Practical Exercises

The course uses organizational scenarios from inpatient wards, ambulatory services, rehabilitation, community care, and long-term-care settings.

- Suggested activity: distinguish screening results from a comprehensive assessment pathway.
- Suggested activity: coordinate multifactorial findings into an individualized prevention plan.
- Suggested activity: conduct a post-fall review and design recurrence-prevention actions.
- Suggested activity: build an implementation dashboard and governance review for a fall-prevention programme.

FAQs

Who should attend fall risk assessment training?

It suits nurses, allied health professionals, safety and quality leaders, ward managers, rehabilitation and pharmacy staff, educators, and programme leads.

Is a fall-risk score enough to prevent falls?

No. The course separates initial screening from comprehensive assessment and coordinated action. Teams consider individual contributors, context, professional judgment, communication, follow-up, and reassessment.

What does a multifactorial falls assessment cover?

It may coordinate fall history, mobility, balance, strength, medicines, blood-pressure changes, vision, cognition, continence, feet, footwear, environment, equipment, and other relevant factors through authorized roles.

How is a post-fall review used?

Teams secure immediate safety, document the event, examine contributing factors, review whether the plan was understood and followed, update actions, communicate changes, and track recurrence risks.



What practical outputs will participants complete?

Outputs include a pathway map, role matrix, assessment record, individualized plan, safe-mobility specification, communication guide, post-fall review, action plan, dashboard, implementation plan, and programme portfolio.