



Advanced Integrative Mental Health Care Design Course

1 – 5 November 2026
Nairobi

Advanced Integrative Mental Health Care Design Course

Ref: 1489_209953 **Date:** 1 – 5 November 2026 **Location:** Nairobi **Fees:** 4500 Euro

Overview

Advanced Integrative Mental Health Care Design Course is a one-week advanced course for mental health service leaders, clinicians, care coordinators, wellbeing professionals, and healthcare managers, who leave with an Integrative Mental Health Service Design Portfolio. The course connects person-centered assessment, shared decisions, physical-health and lifestyle interfaces, social context, multidisciplinary pathways, safety boundaries, measurement, and implementation governance. Agile Leaders Training Center presents integrative mental health care design for coordinated service delivery.

Who Should Attend

- Teams responsible for mental health service design and improvement
- Personnel responsible for multidisciplinary assessment and care coordination
- Functions responsible for primary, specialist, and community pathway integration
- Leaders responsible for wellbeing, physical-health, and social-support interfaces
- Teams responsible for mental health quality, outcomes, and governance

The course assumes participants already contribute to mental health or integrated-care services and leaves out diagnosis, prescribing, psychotherapy qualification, and claims about treatment effectiveness.

Departments and Industries

The course supports organizations that coordinate mental, physical, social, and community dimensions of care.

- Mental health and behavioral health services
- Primary care and hospital service-integration teams
- Community, social care, and supported-living services
- Workplace wellbeing and occupational health functions
- Education, humanitarian health, and nonprofit support organizations

Learning Objectives

By the end of this course, participants will be able to:



- Apply a whole-person needs and context assessment
- Use shared decision-making and preference elicitation methods
- Build multidisciplinary care and referral pathways
- Evaluate safety boundaries, escalation routes, and role accountability
- Analyze access, experience, function, and service outcome measures
- Prioritize implementation actions through service governance

Course Agenda

Day 1: Integrative Care Architecture

- Whole-Person Needs and Context Assessment Map
- Person-Centered and Rights-Based Service Principles
- Mental, Physical, Social, and Community Domain Grid
- Service Boundary and Scope Statement
- Stakeholder and Lived-Experience Participation Map

Day 2: Shared Decisions and Care Planning

- Three-Talk Shared Decision-Making Model
- Values, Preferences, and Goals Elicitation Guide
- Care Option Evidence and Uncertainty Record
- Collaborative Care Plan Architecture
- Review Trigger and Plan Adjustment Protocol

Day 3: Pathways and Multidisciplinary Coordination

- Primary, Specialist, and Community Referral Map
- Multidisciplinary Role and Accountability Matrix
- Physical Health and Lifestyle Interface Checklist
- Social Determinants and Community Support Register
- Care Transition and Information Handover Standard

Day 4: Safety, Outcomes, and Governance

- Risk Boundary and Escalation Decision Tree
- Consent, Choice, and Safeguarding Control Points
- Access, Experience, Function, and Outcome Measure Set
- Integrated Service Data and Review Dashboard
- Implementation Governance and Learning Cycle



Day 5: Integrative Service Design Practice

- Suggested Exercise: Whole-Person Assessment Mapping
- Suggested Exercise: Shared Decision and Care Plan Design
- Suggested Exercise: Referral and Coordination Pathway Build
- Suggested Exercise: Safety and Outcome Governance Review
- Capstone Exercise: Integrative Mental Health Service Design Portfolio

Practical Exercises

The course uses suggested activities with fictional primary care, hospital, community, workplace, and social-support scenarios.

- Suggested activity: map needs, strengths, preferences, context, and participation requirements.
- Suggested activity: document choices, uncertainty, responsibilities, review points, and agreed actions.
- Suggested activity: connect referral criteria, handovers, escalation routes, and community resources.
- Suggested activity: select measures and build an implementation review with accountable owners.

FAQs

Who suits advanced integrative mental health care design training, and what does it assume?

Mental health, primary care, service integration, care coordination, wellbeing, quality, and community-support personnel suit the course; it assumes practical experience contributing to care or service pathways.

How does integrative mental health care design differ from clinical therapy training?

Integrative mental health care design focuses on service architecture, shared decisions, multidisciplinary pathways, whole-person interfaces, safety, outcomes, and governance rather than qualifying participants to diagnose, prescribe, or deliver a therapy.

What belongs in an integrative mental health care plan?

An integrative mental health care plan should record the person's goals, preferences, strengths, needs, agreed options, roles, physical-health and social interfaces, safety arrangements, referral links, review triggers, and outcome measures.

How are integrative mental health services evaluated?

Integrative mental health services can be evaluated through access, continuity, experience, function, goal progress, safety, coordination, equity, referral completion, and service-learning measures interpreted within the care context.



Conclusion

Participants leave with an Integrative Mental Health Service Design Portfolio containing assessment, decision, care-planning, pathway, safety, measurement, and governance tools. The portfolio turns whole-person principles into defined service arrangements. It helps teams coordinate responsibilities, protect boundaries, measure experience and function, and improve delivery through structured review.