



# **Advanced Integrative Mental Health Care Design Course**

4 – 8 April 2027  
Muscat

## Advanced Integrative Mental Health Care Design Course

**Ref:** 1489\_209965 **Date:** 4 – 8 April 2027 **Location:** Muscat **Fees:** 5700 Euro

### Overview

Advanced Integrative Mental Health Care Design Course is a one-week advanced course for mental health service leaders, clinicians, care coordinators, wellbeing professionals, and healthcare managers, who leave with an Integrative Mental Health Service Design Portfolio. The course connects person-centered assessment, shared decisions, physical-health and lifestyle interfaces, social context, multidisciplinary pathways, safety boundaries, measurement, and implementation governance. Agile Leaders Training Center presents integrative mental health care design for coordinated service delivery.

### Who Should Attend

- Teams responsible for mental health service design and improvement
- Personnel responsible for multidisciplinary assessment and care coordination
- Functions responsible for primary, specialist, and community pathway integration
- Leaders responsible for wellbeing, physical-health, and social-support interfaces
- Teams responsible for mental health quality, outcomes, and governance

The course assumes participants already contribute to mental health or integrated-care services and leaves out diagnosis, prescribing, psychotherapy qualification, and claims about treatment effectiveness.

### Departments and Industries

The course supports organizations that coordinate mental, physical, social, and community dimensions of care.

- Mental health and behavioral health services
- Primary care and hospital service-integration teams
- Community, social care, and supported-living services
- Workplace wellbeing and occupational health functions
- Education, humanitarian health, and nonprofit support organizations

### Learning Objectives

By the end of this course, participants will be able to:



- Apply a whole-person needs and context assessment
- Use shared decision-making and preference elicitation methods
- Build multidisciplinary care and referral pathways
- Evaluate safety boundaries, escalation routes, and role accountability
- Analyze access, experience, function, and service outcome measures
- Prioritize implementation actions through service governance

## **Course Agenda**

### **Day 1: Integrative Care Architecture**

- Whole-Person Needs and Context Assessment Map
- Person-Centered and Rights-Based Service Principles
- Mental, Physical, Social, and Community Domain Grid
- Service Boundary and Scope Statement
- Stakeholder and Lived-Experience Participation Map

### **Day 2: Shared Decisions and Care Planning**

- Three-Talk Shared Decision-Making Model
- Values, Preferences, and Goals Elicitation Guide
- Care Option Evidence and Uncertainty Record
- Collaborative Care Plan Architecture
- Review Trigger and Plan Adjustment Protocol

### **Day 3: Pathways and Multidisciplinary Coordination**

- Primary, Specialist, and Community Referral Map
- Multidisciplinary Role and Accountability Matrix
- Physical Health and Lifestyle Interface Checklist
- Social Determinants and Community Support Register
- Care Transition and Information Handover Standard

### **Day 4: Safety, Outcomes, and Governance**

- Risk Boundary and Escalation Decision Tree
- Consent, Choice, and Safeguarding Control Points
- Access, Experience, Function, and Outcome Measure Set
- Integrated Service Data and Review Dashboard
- Implementation Governance and Learning Cycle



## **Day 5: Integrative Service Design Practice**

- Suggested Exercise: Whole-Person Assessment Mapping
- Suggested Exercise: Shared Decision and Care Plan Design
- Suggested Exercise: Referral and Coordination Pathway Build
- Suggested Exercise: Safety and Outcome Governance Review
- Capstone Exercise: Integrative Mental Health Service Design Portfolio

## **Practical Exercises**

The course uses suggested activities with fictional primary care, hospital, community, workplace, and social-support scenarios.

- Suggested activity: map needs, strengths, preferences, context, and participation requirements.
- Suggested activity: document choices, uncertainty, responsibilities, review points, and agreed actions.
- Suggested activity: connect referral criteria, handovers, escalation routes, and community resources.
- Suggested activity: select measures and build an implementation review with accountable owners.

## **FAQs**

### **Who suits advanced integrative mental health care design training, and what does it assume?**

Mental health, primary care, service integration, care coordination, wellbeing, quality, and community-support personnel suit the course; it assumes practical experience contributing to care or service pathways.

### **How does integrative mental health care design differ from clinical therapy training?**

Integrative mental health care design focuses on service architecture, shared decisions, multidisciplinary pathways, whole-person interfaces, safety, outcomes, and governance rather than qualifying participants to diagnose, prescribe, or deliver a therapy.

### **What belongs in an integrative mental health care plan?**

An integrative mental health care plan should record the person's goals, preferences, strengths, needs, agreed options, roles, physical-health and social interfaces, safety arrangements, referral links, review triggers, and outcome measures.

### **How are integrative mental health services evaluated?**

Integrative mental health services can be evaluated through access, continuity, experience, function, goal progress, safety, coordination, equity, referral completion, and service-learning measures interpreted within the care context.



## Conclusion

Participants leave with an Integrative Mental Health Service Design Portfolio containing assessment, decision, care-planning, pathway, safety, measurement, and governance tools. The portfolio turns whole-person principles into defined service arrangements. It helps teams coordinate responsibilities, protect boundaries, measure experience and function, and improve delivery through structured review.