



Advanced Isolation Precautions and Patient Cohorting Course

18 – 22 April 2027
Nairobi

Advanced Isolation Precautions and Patient Cohorting Course

Ref: 1495_210403 **Date:** 18 – 22 April 2027 **Location:** Nairobi **Fees:** 4500 Euro

Overview

Advanced Isolation Precautions and Patient Cohorting Course is a one-week course for healthcare personnel who make isolation, placement, and cohorting decisions and leave with an Isolation and Cohorting Operations Pack. The course connects transmission-based precautions, early risk assessment, patient placement, cohort eligibility, PPE interfaces, environmental controls, movement, communication, discontinuation, monitoring, and surge use. Agile Leaders Training Center presents isolation precautions and patient cohorting as a coordinated clinical operations system.

Who Should Attend

- Teams responsible for infection prevention risk assessment and precaution selection
- Personnel responsible for nursing workflow and patient placement decisions
- Functions responsible for bed management and clinical operations coordination
- Teams responsible for environmental cleaning and shared equipment controls
- Personnel responsible for occupational health, quality monitoring, and incident follow-up

The course assumes participants already support patient-care operations and leaves out basic hand-hygiene instruction, clinical diagnosis, and organization-specific medical advice.

Departments and Industries

The course supports departments that coordinate isolation and cohorting across acute, ambulatory, residential, and emergency care settings.

- Hospital infection prevention and nursing operations
- Emergency, ambulatory, and diagnostic care services
- Long-term care and rehabilitation organizations
- Environmental services and facilities operations
- Occupational health, quality, and patient safety functions

Learning Objectives

By the end of this course, participants will be able to:



- Apply standard and transmission-based precaution decision logic
- Analyze patient placement and cohort compatibility risks
- Build isolation workflows for staff, equipment, visitors, and environments
- Prioritize safe patient movement and transport controls
- Evaluate discontinuation criteria and precaution breaches
- Design monitored cohort zones for surge conditions

Course Agenda

Day 1: Precaution Decision Architecture

- Standard Precautions Baseline Checklist
- Transmission-Based Precaution Selection Matrix
- Suspected Infection Early Recognition Trigger
- Exposure Route and Risk Assessment Map
- Precaution Escalation and Notification Pathway

Day 2: Placement and Cohorting Decisions

- Single-Room Priority Decision Tree
- Same-Pathogen Cohort Eligibility Criteria
- Incompatible Infection and MDRO Separation Check
- Bed Assignment and Cohort Zone Map
- Cohort Staff and Equipment Allocation Plan

Day 3: Isolation Workflow Interfaces

- PPE Entry and Exit Workflow
- Isolation Signage and Communication Standard
- Specimen, Meal, Linen, and Waste Handoff Map
- Environmental Cleaning Responsibility Matrix
- Visitor and Support-Person Instruction Guide

Day 4: Movement, Duration, and Monitoring

- Essential Patient Movement Authorization Check
- Transport Route and Receiving-Team Handoff
- Precaution Duration and Discontinuation Criteria
- Cohort Monitoring and Breach Log
- Surge Capacity and Cohort Expansion Trigger



Day 5: Isolation and Cohorting Practice

- Suggested Exercise: Precaution Selection Scenario
- Suggested Exercise: Cohort Compatibility Review
- Suggested Exercise: Isolation Workflow Walkthrough
- Suggested Exercise: Transport and Breach Response
- Capstone Exercise: Isolation and Cohorting Operations Pack

Practical Exercises

The course uses suggested activities with fictional acute-care, ambulatory, residential-care, and diagnostic-service scenarios.

- Suggested activity: select precautions from clinical presentation and transmission-risk information.
- Suggested activity: assess room priorities, compatible cohorts, vulnerable roommates, staff, and equipment.
- Suggested activity: map PPE, signage, cleaning, visitor, movement, and transport interfaces.
- Suggested activity: apply discontinuation, breach-monitoring, and surge-expansion decisions.

FAQs

Who suits advanced isolation precautions and patient cohorting training, and what does it assume?

Healthcare personnel responsible for infection prevention, nursing operations, bed placement, cleaning, occupational health, or quality suit the course; it assumes experience supporting patient-care workflows.

How does isolation precautions and patient cohorting training differ from general infection prevention training?

Isolation precautions and patient cohorting training concentrates on placement, cohort compatibility, operational interfaces, movement, discontinuation, monitoring, and surge decisions rather than broad introductory infection prevention principles.

When should patient cohorting be considered?

Patient cohorting may be considered when single rooms are constrained and patients share a compatible infection profile, after evaluating transmission route, other infections, vulnerability, staffing, equipment, and environmental controls.

What controls support safe movement from an isolation area?

Safe movement depends on medical necessity, source control, a planned route, required precautions, advance notice to receiving teams, equipment handling, and documented handoff responsibilities.



How are transmission-based precautions discontinued?

Transmission-based precautions are discontinued using the applicable pathogen, clinical, diagnostic, and organizational criteria, with the decision communicated to care, placement, cleaning, and receiving teams.

Conclusion

Participants leave with an Isolation and Cohorting Operations Pack containing decision, placement, workflow, communication, movement, monitoring, and surge tools. The pack connects clinical risk information to coordinated operational controls. It helps teams make visible, reviewable isolation and cohorting decisions across care settings.