



Advanced Culinary Techniques and Kitchen Execution Training Course

22 – 26 November 2026
Lagos



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Ref: 1549_214407 **Date:** 22 – 26 November 2026 **Location:** Lagos **Fees:** 4100 Euro

Overview

Advanced Culinary Techniques and Kitchen Execution Training Course is a one-week course for professional chefs, kitchen supervisors, culinary trainers, and food-service leaders who leave with a Culinary Production and Execution File. Participants apply precision culinary techniques, production planning, flavor development, texture control, modern preparation methods, plating standards, food safety, waste awareness, and kitchen quality control to consistent service. Agile Leaders Training Center presents advanced culinary techniques through practical kitchen operating tools.

Who Should Attend

- Culinary teams responsible for preparing and finishing menu items
- Kitchen supervisors responsible for production flow and service consistency
- Culinary trainers responsible for skills demonstration and performance feedback
- Food-service leaders responsible for quality, waste, cost, and guest outcomes
- Menu development teams responsible for recipes, specifications, and presentation
- Catering teams responsible for batch production and timed service

The course assumes participants already perform professional kitchen work and leaves entry-level knife skills, basic cookery, and formal qualification assessment outside scope.

Departments and Industries

The course supports departments and industries that produce and serve food at professional scale.

- Hotel and resort culinary operations
- Restaurant and café kitchen teams
- Contract catering and institutional food services
- Event, banquet, and conference catering
- Culinary education and workplace training functions
- Food product development and test kitchens

Learning Objectives

By the end of this course, participants will be able to:



- Analyze ingredient function and cooking responses
- Apply precision heat and moisture control methods
- Build production plans and standardized recipe controls
- Evaluate flavor, texture, doneness, and presentation
- Prioritize food safety, waste, and cost controls
- Design consistent service-execution routines

Course Agenda

Day 1: Culinary Precision and Product Behavior

- Ingredient Function and Transformation Map
- Heat Transfer and Doneness Control Matrix
- Moisture Retention and Texture Diagnostic Tool
- Seasoning Balance and Flavor-Layering Method
- Standardized Recipe and Yield Specification

Day 2: Advanced Preparation Methods

- Stocks, Reductions, and Sauce Structure Framework
- Protein Fabrication and Portion-Control Guide
- Vegetable Cookery and Color-Retention Method
- Low-Temperature Cooking Control Sheet
- Emulsion, Foam, and Gel Stability Checklist

Day 3: Production and Kitchen Control

- Mise en Place Production Planning Board
- Batch Sequencing and Holding-Time Schedule
- Critical Food Safety Control Checklist
- Waste, Yield, and Cost Variance Log
- Kitchen Handoff and Service Communication Protocol

Day 4: Plating and Service Consistency

- Plate Composition and Visual Balance Grid
- Portion, Temperature, and Timing Standard
- Garnish Function and Edibility Review
- Pass Inspection and Quality Release Checklist
- Service Recovery and Root-Cause Review



Day 5: Culinary Execution Practice

- Suggested Exercise: Flavor and Texture Calibration
- Suggested Exercise: Production Sequence Design
- Suggested Exercise: Yield and Waste Analysis
- Suggested Exercise: Plating Standard Verification
- Capstone Exercise: Culinary Production and Execution File

Practical Exercises

The course uses suggested activities drawn from restaurants, hotels, catering operations, and training kitchens.

- Suggested activity: diagnose heat, moisture, seasoning, and texture issues in a prepared dish.
- Suggested activity: convert a menu item into a timed production plan with yield and safety controls.
- Suggested activity: compare plate versions against portion, temperature, balance, and garnish standards.
- Suggested activity: assemble recipes, schedules, checks, and corrective actions into an execution file.

FAQs

Who is advanced culinary techniques training designed for, and what does it assume?

Advanced culinary techniques training suits working chefs, supervisors, trainers, and food-service leaders who already perform professional kitchen tasks and need stronger production, quality, and service controls.

How do advanced culinary techniques differ from basic professional cookery training?

Advanced culinary techniques focus on precision, product behavior, production planning, quality diagnosis, plating standards, and consistent execution; basic professional cookery develops foundational preparation and cooking skills.

How do chefs control flavor and texture consistently?

Chefs control flavor and texture by standardizing ingredients, portions, heat, moisture, timing, seasoning sequence, holding conditions, sensory checks, and corrective actions.

What does kitchen execution control include?

Kitchen execution control includes mise en place planning, recipe and yield specifications, batch sequencing, safety checks, handoffs, pass inspection, service timing, and variance review.



How are plating standards maintained during service?

Plating standards are maintained with visual references, portion tools, temperature and timing limits, defined garnish rules, pass checks, and immediate feedback on variance.

Conclusion

Participants take back a Culinary Production and Execution File containing recipe, yield, preparation, safety, sequencing, plating, quality, and review tools. The file creates a repeatable operating path from ingredient preparation to service. It helps kitchen teams protect culinary intent while reducing avoidable variation, waste, and rework.