

Associate Safety Professional (ASP) Exam Preparation Training Course

28 December 2026 – 1 January 2027
Rome

AGILE LEADERS
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Ref: 36318_42907 **Date:** 28 December 2026 – 1 January 2027 **Location:** Rome **Fees:** 5700 Euro

Course Overview:

The course is an intensive and complete program designed to equip participants with the knowledge and skills needed to successfully pass the ASP certification exam. This course covers the essential domains of safety management, ergonomics, fire prevention and protection, occupational health, environmental management, and safety engineering certification. Tailored for safety managers, directors, engineers, and health and safety professionals, this course provides a strong foundation in occupational health and safety certification, enabling professionals to advance their careers and meet the ASP eligibility requirements. With a focus on practical applications, participants will engage in hands-on training to develop competencies in areas such as risk assessment, incident investigation, and safety program management. The course offers a blend of theoretical knowledge and practical skills, ensuring participants are fully prepared for the ASP exam. With the inclusion of ASP exam syllabus topics, this course stands as the ultimate preparation tool for those seeking ASP certification.

Target Audience:

- Safety Managers
- Safety Directors
- Safety Engineers
- Health and Safety Officers
- Aspiring Safety Professionals

Targeted Organizational Departments:

- Health and Safety Departments
- Engineering Departments
- Environmental Health and Safety EHS Departments
- Human Resources

Targeted Industries:

- Manufacturing
- Construction
- Oil and Gas
- Healthcare
- Utilities and Energy

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Course Offerings:

By the end of this course, participants will be able to:

- Master the ASP exam syllabus and domains, including safety management, ergonomics, and environmental management systems.
- Implement safety management training to improve workplace safety.
- Conduct risk assessments and prepare complete safety programs.
- Apply safety engineering certification principles to real-world scenarios.
- Prepare for the ASP certification exam with confidence, using study guides and practice exams.

Training Methodology:

The course uses a combination of interactive training methods to engage participants and help them retain information. Participants will work on case studies to simulate real-world safety challenges, engage in group work to foster collaboration and problem-solving and take part in interactive sessions to gain hands-on experience with key concepts. Feedback sessions are an important part of the training, allowing participants to assess their progress and identify areas for improvement. The course also includes ASP practice exams and study guides to help participants get familiar with the exam format and question types. This approach ensures that participants are well-prepared for the ASP certification exam and can apply their learning to their professional roles.

Course Toolbox:

- **ASP Exam Study Guide**
- **Safety Management Templates**
- **Checklists and Templates**
- **Workbooks**

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Course Agenda:

Day 1: Introduction to ASP and Safety Management Systems

- **Topic 1:** Overview of the Associate Safety Professional ASP
- **Topic 2:** Understanding the ASP Eligibility Criteria and Process
- **Topic 3:** Introduction to Safety Management Systems
- **Topic 4:** Worksite Assessments: Identifying Risks and Hazards
- **Topic 5:** Evaluating Risks and Hazard Control Measures
- **Topic 6:** Developing and Managing Safety Programs
- **Reflection & Review:** Recap of ASP Process and Safety Management Fundamentals

Day 2: Fire Prevention, Ergonomics, and Incident Investigation

- **Topic 1:** Fire Prevention and Protection Strategies
- **Topic 2:** Ergonomics in the Workplace: Identifying and Controlling Risks
- **Topic 3:** Incident Investigation Techniques
- **Topic 4:** Maintaining and Evaluating Incident and Loss Records
- **Topic 5:** Hazard Recognition and Control
- **Topic 6:** Regulatory Compliance and Safety Standards
- **Reflection & Review:** Review of Fire Safety, Ergonomics, and Incident Management

Day 3: Occupational Health, Environmental Management, and Hazardous Materials

- **Topic 1:** Introduction to Occupational Health and Safety
- **Topic 2:** Environmental Management Systems: Implementation and Compliance
- **Topic 3:** Managing Hazardous Materials Safely
- **Topic 4:** Health Hazard Control: Identification and Mitigation
- **Topic 5:** Product Safety and Security Management
- **Topic 6:** Emergency Response Planning and Preparedness
- **Reflection & Review:** Summary of Occupational Health, Environmental Management, and Hazardous Materials

Day 4: Safety, Communication, and Record-Keeping

- **Topic 1:** Effective Safety and Techniques
- **Topic 2:** Communication Skills for Safety Professionals
- **Topic 3:** Advising Management on Safety Practices
- **Topic 4:** Record Keeping: Best Practices and Compliance
- **Topic 5:** Accident and Incident Investigation: Case Studies
- **Topic 6:** Safety Engineering Principles and Practices
- **Reflection & Review:** Review of The Training, Communication, and Record Keeping Strategies

Day 5: ASP Exam Preparation and Final Review

- **Topic 1:** Mathematics for Safety Professionals: Key Concepts and Practice
- **Topic 2:** Reviewing the ASP Exam Domains: complete Overview
- **Topic 3:** ASP Practice Exam: Test-Taking Strategies and Techniques
- **Topic 4:** Analyzing ASP Exam Questions: Common Pitfalls and Tips
- **Topic 5:** Final Review of Safety Management Systems and Key Concepts
- **Topic 6:** Preparing for the BCSP Certification Exam: Final Preparations
- **Reflection & Review:** Final Q&A, Reflection on the Course, and Exam Day Preparations

How This Course is Different from Other Associate Safety Professional ASP Exam Preparation Training Courses:

This course is designed to offer practical exam preparation, setting it apart from other training programs. It covers the ASP exam syllabus thoroughly and integrates safety management training, ergonomics, and environmental management systems, providing a holistic view of safety professional certification. Unlike other courses that focus solely on theoretical knowledge, this course emphasizes real-world applications through case studies, interactive sessions, and group work to ensure participants are well-prepared for the ASP certification exam. Additionally, the course includes ASP practice exams, study guides, and complete checklists to support participants' learning journey, making it an excellent choice for those serious about advancing their careers in safety management.